Suffolk Police Federation

Group insurance scheme for Police Officers, Special Constables, Retired Officers and partners



Useful Contacts

Federation Office Tel: 01473 782001

Web: www.polfed.org/suffolk

RAC Breakdown Assistance Tel (UK): 0330 159 0278

(Reference X804)

Tel (Europe): 00 33 472 43 52 55

Worldwide Travel Insurance Claims: 01243 621 416

Overseas Assistance: +44(0) 1243 621 066

Mobile Phone/Gadget claims Tel: 0333 188 2257

Personal Tax and Legal advice Tel: 0333 234 3472

Legal Document service Web:https://LAP-police.arclegal.co.uk

Tel: 0800 177 7894 **Carefirst Counselling**

Web: www.arclegal.co.uk/carefirst

Best Doctors Tel: 0800 085 6605

Web: https://bestdoctors.com/united-

kingdom/

George Burrows Tel: 01403 327719

> Email: info@georgeburrows.com Web: https://georgeburrows.com

Schedules of benefits

Serving member**	Benefits
Life Assurance Advance of benefit on terminal prognosis (age 68 and under) Child Death Grant (aged between 6 months and 17 years)	£125,000 20% of sum assured £3,000
Best Doctors Service (Children up to age 21,25 if in full time education)	Family cover
Critical Illness Insurance Child Critical Illness cover (Under 18 years, or 22 if still in education) Personal Nurse Service	£10,000 £2,500 Included
Sickness Benefit Serving Officers: Half pay (up to 26 weeks, member only) No pay (up to 26 weeks, member only) Special Constables: (up to 26 weeks, member only)	£150 per week £300 per week £75 per week
Personal Accident Benefits (on duty cover only for Special constable(s). See table of page 11 for summary of benefits provided)	Member only
Worldwide Annual / Multi-trip Travel Insurance (Children up to age 18, 23 if in full time education)	Family cover
Legal Expenses Insurance (Children over 18 years)	Family cover
Care First Counselling Service (Children over 18 years)	Family cover
RAC Motor Breakdown Assistance (UK & European)	Member only
Mobile Phone / Gadget Insurance	Member only
Calendar monthly premium:	£36.59*
* The premium includes Insurance Premium Tax (IPT) and The Federation's administration	on fee

^{**&#}x27;Serving member' - Serving Police Officer / Special Constable

Partner of Serving Officer**	Benefits	
Life Assurance Advance of benefit on terminal prognosis (age 68 and under)	£62,500 20% of sum assured	
Critical Illness Insurance Personal Nurse Service	£5,000 Included	
Personal Accident Benefits (See table on page 10 for summary of benefits provided)	Member only	
RAC Motor Breakdown Assistance (UK & European)	Member only	
Mobile Phone / Gadget Insurance	Member only	
Calendar monthly premium: * The premium includes Insurance Premium Tax (IPT)	£10.15*	

^{**}Only available for partners of serving officers

Retired Officer under age 65**	Benefits
Life Assurance Advance of benefit on terminal prognosis (age 68 and under) Best Doctors Service (Children up to age 21, 25 if in full time education)	£55,000 20% of sum assured Family cover
Personal Accident Benefits (See table on page 10 for summary of benefits provided)	Member only
Worldwide Annual / Multi-trip Travel Insurance (Children up to age 18, 23 if in full time education)	Family cover
Legal Expenses Insurance (Children over 18 years) Care First Counselling Service (Children over 18 years)	Family cover
RAC Motor Breakdown Assistance (UK & European) Mobile Phone / Gadget Insurance	Member only Member only
Calendar monthly premium:	£43.11*

Partner of Retired Officer under age 65**	Benefits
Life Assurance	£27,500
Advance of benefit on terminal prognosis (age 68 and under)	20% of sum assured
Personal Accident Benefits	Member only
(See table on page 10 for summary of benefits provided)	
RAC Motor Breakdown Assistance (UK & European)	Member only
Mobile Phone / Gadget Insurance	Member only
Calendar monthly premium:	£11.84*
*The premium includes Insurance Premium Tax (IPT)	

* The premium includes Insurance Premium Tax (IPT) and the Federation's administration fee

Retired Officer aged 65-69**	Benefits
Life Assurance	£7,500
Best Doctors Service (Children up to age 21, 25 if in full time education)	Family cover
Worldwide Annual / Multi-trip Travel Insurance (Children up to age 18, 23 if in full time education)	Family cover
Legal Expenses Insurance (Children over 18 years)	Family cover
Care First Counselling Service (Children over 18 years)	Family cover
RAC Motor Breakdown Assistance (UK & European)	Member only
Mobile Phone / Gadget Insurance	Member only
Calendar monthly premium: *The premium includes Insurance Premium Tax (IPT) and the Federation's administration	£40.78* fee

Partner of Retired Officer aged 65-69**	Benefits
Life Assurance	£7,500
RAC Motor Breakdown Assistance (UK & European)	Member only
Mobile Phone / Gadget Insurance	Member only
Calendar monthly premium:	£11.59*
*The premium includes Insurance Premium Tax (IPT)	

Retired Officer aged 70+**	Benefits
Best Doctors Service (Children up to age 25, if in full time education)	Family cover
Legal Expenses Insurance (Children over 18 years)	Family cover
Care First Counselling Service (Children over 18 years)	Family cover
RAC Motor Breakdown Assistance (UK & European)	Member & Partner
Mobile Phone / Gadget Insurance	Member & Partner
Calendar monthly premium:	£22.85*
* The premium includes Insurance Premium Tax (IPT) and the Federation's administration fee	

Full details of the cover included in these schedules can be found in the policy wordings, which are available from the Suffolk Police Federation and should be read carefully, in particular the limitations, exclusions and terms and conditions.

Definition of partner - a partner is defined as your legal spouse or civil partner. If you are not married or you do not have a civil partner, a person who is co-habiting with you and has done so for at least six months prior to joining the scheme and is financially dependant or interdependent with you.

Children - dependent natural or adopted children are included where indicated, to the ages specified. For further information please contact George Burrows:

Email: info@georgeburrows.com

Tel: 01403 327719

(Office opening hours 9.00am to 5.00pm Monday to Friday, closed Bank Holidays and weekends)

Important Information

Please take time to read through this booklet. It is not a policy document, it is a summary outlining the cover and services included in the scheme. Full details of cover, including the limitations, exclusions, and terms and conditions can be found in the policy wordings which are available from the Federation and should be read carefully.

We offer a non-advised product which means we can't give you a personal recommendation in respect of this scheme but can outline the features and benefits so you can decide whether the cover suits your needs. This scheme meets the demands and needs of those who wish to provide protection for the circumstances outlined in this booklet at the levels described in the schedules.

Joining the scheme

- 1. New recruits may join the scheme providing they are actively at work on the date they wish to join and do so within six months of commencement of employment.
- 2. Serving officers may join the scheme at any time providing they have not been absent from work due to ill health or injury in the eight weeks preceding the application to join.
- 3. Special Constables may join the scheme providing they have been actively on duty for 8 consecutive shifts preceding the application to join, have not been medically advised against working, and have not been absent from their usual occupation due to ill health or injury in the same period.
- 4. Partners of serving officers may join the scheme at the same time as a new employee or within three months of either marrying or after qualifying as a serving officer's partner*. Partners who wish to join at any other time may do so provided they are able to satisfy the Health Declaration detailed in the applicable partner application form. Partner cover will cease immediately an officer leaves the scheme or when the officer or the partner attain age 70, whichever happens first.

*Definition of partner - a partner is defined as your legal spouse or civil partner. If you are not married or you do not have a civil partner, a person who is co-habiting with you and has done so for at least six months prior to joining the scheme and is financially dependant or interdependent with you.

Payment of premiums

Premiums are collected monthly by salary/pension deduction for serving and retired officers, and by direct debit for Special Constables, unless alternative arrangements have been agreed. Monthly subscription payments must be maintained in order to remain a member of the scheme and to qualify for benefits.

Career breaks, maternity leave, paternity leave, secondment or living overseas

Prior to any of the above applying you will need to contact the Federation to discuss whether cover can continue and to arrange premium payment throughout the applicable period.

Transfer, resignation or dismissal

Serving officers/Special Constables who transfer to another force, resign or are dismissed from the police service are not eligible to remain in the scheme and all cover, including partner membership, will cease

Retirement from the Police Service

Not applicable to Special Constables. Serving officers upon retirement from the police service may remain in the scheme as a retired member, with benefits applicable to their age. Transfer into the retired officer scheme must be agreed with the Federation prior to retirement as individuals are not eligible to join the scheme after their retirement date.

How to cancel your cover

In the event that you need to cancel your cover, please notify the Suffolk Police Federation via email: suffolk@polfed.org

How to make a claim

Unless otherwise specified in this booklet please contact the Suffolk Police Federation: 01473 782001 to make a claim. Claims should be reported as soon as practicable and, if possible, within 30 days of the incident/diagnosis. The onus is on the member to notify a claim, it is not the responsibility of the Federation to make a member aware of their entitlement to claim.

Scheme benefits

This section gives a brief explanation of the benefits included in the scheme. Full details of cover, terms and conditions can be found in the policy wordings which are available from the Suffolk Police Federation, and take precedence.

Life assurance

Life assurance benefit is payable on the death, by any cause, of the member or their subscribing partner up to the age of 70 years. Partner benefit levels depend on the age of the subscribing officer.

The payment is made to the 'Trustees of the Suffolk Police Federation' and the money is then dispersed by the Trustees under the terms of the "Trust Deed" which would normally be the member's chosen beneficiary. This means that the benefit does not form part of the member's estate and is not, under current legislation, subject to inheritance tax. It is therefore important to keep the beneficiary details up to date.

Terminal illness benefit

If a member age 68 and under is diagnosed as having an illness or injury from which he or she is expected to die within 12 months, they may apply for an advance of 20% of the life assurance benefit. The amount advanced will be deducted from the settlement on death.

Child death grant

This benefit is paid upon the death of a dependent child aged between six months and 17 years.

Best Doctors

The Best Doctors service provides the reassurance of a confidential expert second medical opinion if a member, partner or their resident dependent children up to age 21 (25 if still in full time education) are facing a worrying medical condition.

Best Doctors work in conjunction with the patient and their doctor to ensure diagnosis and treatment are correct, providing an independent and comprehensive assessment report. They work with a worldwide panel of specialists.

Unlimited access to the Member Care centre is included, providing a confidential telephone based helpline, which is available 24 hours a day, 7 days a week, throughout the year.

Call: 0800 085 6605 for Best Doctors medical support.

Or visit: https://bestdoctors.com/united-kingdom/ for healthcare advice and the Best Doctors video library, with over 300 colour videos giving detailed explanations about medical conditions, treatments and testing.

Follow the steps below to access Best Doctors online:

- · Visit: https://bestdoctors.com/united-kingdom/
- Click 'Member Portal'
- Click 'Create a Profile'
- · Complete First and Last Name
- Under the drop down 'How do you have access to Best Doctors' select 'Employer'
- Under Employer field, input 'Suffolk Police Federation'
- Complete all other personal information details and create your password
- · Click 'Verify Email'
- · Next you will receive an email link requesting you to 'Confirm your Email'
- Once confirmed, you will have access to Best Doctors online.
- Use your email address and password to sign in and access the service thereafter

Critical illness

The scheme benefits will be payable if a serving member, their child (under 18 years old, or under 22 years old if they have remained in full time education), or the subscribing partner of a serving officer suffers from an insured illness and survives for more than 14 days from the date of diagnosis or surgery.

Insured illnesses*

- Alzheimers Disease resulting in permanent symptoms
- Aorta Graft Surgery for disease
- Aplastic Anaemia with permanent bone marrow failure
- Bacterial Meningitis resulting in permanent symptoms
- Balloon Valvuloplasty
- Benign Brain Tumour resulting in permanent symptoms
- Benign Spinal Cord Tumours
- Blindness permanent and irreversible
- Cancer excluding less advanced cases
- Cardiac Arrest
- Cardiomyoptahy of specified severity
- Coma resulting in permanent symptoms
- Coronary Artery Bypass Grafts with surgery to divide the breastbone
- Creutzfeldt-Jakob Disease resulting in permanent symptoms
- Deafness permanent and irreversible
- Dementia/Pre-senile Dementia resulting in permanent symptoms
- Encephalitis resulting in permanent symptoms
- Heart Attack of specified severity
- Heart Valve Replacement or Repair with surgery to divide the breastbone
- HIV Infection contracted in the EU,
 Channel Islands or Isle of Man from a blood transfusion, physical assault or at work
- Kidney Failure requiring dialysis
- Liver Failure irreversible

- Liver Failure irreversible
- Loss of Hands or Feet permanent physical severance
- Loss of Independent existence permanent and irreversible
- Loss of Speech permanent and irreversible
- Major Organ Transplant
- Motor Neurone Disease resulting in permanent symptoms
- Multiple Sclerosis with persisting symptoms
- Open Heart Surgery with surgery to divide the breastbone
- Paralysis of Limbs total and irreversible
- Parkinson's Disease resulting in permanent symptoms
- Primary Pulmonary Hypertension of specified severity
- Progressive Supranuclear Palsy resulting in permanent symptoms
- Pulmonary Artery Surgery with surgery to divide the breastbone
- Respiratory Failure resulting in breathlessness even at rest
- Rheumatoid Arthritis of specified severity
- Stroke resulting in permanent symptoms
- Systemic Lupus Ervthematous (SLE)
- Terminal Illness
- Third Degree Burns covering at least 20% of the body surface area
- Traumatic Brain Injury resulting in permanent symptoms

Full details including the limitations, exclusions, terms and conditions can be found in the policy wording, which should be read carefully.

Claims must be submitted within 90 days of the date of diagnosis.

Cover ceases on retirment or at age 70, whichever happens first.

^{**} A pre-existing condition exclusion applies together with other terms and conditions.

Personal Nurse Service

Emotional and practical support for Serving members and their immediate family upon submission of a Critical illness claim

The Personal Nurse Service provides long-term practical and emotional support over the phone with the same qualified nurse, for as long as it's needed.

Features

- Long-term emotional support over the phone
- Detailed explanations of the condition and what treatment options are available
- Help to prepare for consultant appointments
- Guidance on sourcing suitable equipment and medical aids
- Advice on how to make the most out of the NHS, specialist charities and social services
- Support for the employee's family to help them cope with the consequences of illness
- Sign-posting to self-help groups and to local or national charities
- A friendly, familiar voice the same qualified nurse will be there from start to finish

Who can use the service?

• Immediate family members of the claimant, which includes their spouse, partner, parents, siblings or children under 21, in full time education, who live at the same address.

Using Personal Nurse Service

Claimants must tick the box on page 11 of their personal statement when submitting a critical illness claim. They'll be contacted by their personal nurse within 48 hours.

Personal Nurse Service Contact details

Tel: 0345 606 0708

Email: groupcsc@canadalife.co.uk

Website: https://www.canadalife.co.uk/workplace-protection/support-services/personal-nurse-service/

Sickness Benefit

Applicable to serving members only, up to age 70.

If you are placed on reduced pay due to illness or injury the benefits illustrated below will become payable.

Sickness benefit is payable every 28 days (four weeks for up to 26 weeks or until you return to work, whichever happens first, at the benefit levels shown below.

Sickness benefits

Serving officers:

Half Pay: £150 per week

No Pay: £300 per week

Special Constables £75 per week

Note: If full pay is reinstated and backdated, benefits received in respect of the applicable period must be repaid to the insurers.

Claims are settled by George Burrows and paid direct to the member's bank account.

Personal accident

Cover for Special Constables is applicable only whilst on duty.

24 hour, worldwide, personal accident cover is provided for serving officers, retired officers and subscribing partners unless otherwise stated.

Temporary total disablement*

Cover is provided for serving members only. If you suffer a bodily injury as a result of an accident, you can claim a weekly benefit for the time you are absent from work. Cover is provided for up to 104 weeks from the date of the accident. Benefit is payable from the eighth day of incapacity.

Permanent total disablement (PTD)

PTD means disablement which entirely prevents the insured person from attending to any business or occupation for 12 months and which, after that time, is beyond hope of improvement. PTD cover is applicable to disablement caused by bodily injury sustained as a result of an accident.

Permanent total loss of sight (in one or both eyes), limb(s), hearing or speech*

If, as a result of bodily injury sustained from an accident, you suffer permanent total loss of eye(s), limb(s), hearing or speech, a benefit payment will be made to you.

Offensive weapons assault benefit*

Cover is provided for serving members only. If you sustain accidental bodily injury in the course of duty, directly caused by the discharge of a firearm, crossbow, shotgun or by stabbing with a sharp implement, and the injury sustained prevents you from continuing in your pre-assault duties for the 7 consecutive days on which you were on rota to work immediately following the assault, the specified lump sum benefit will be paid to you. Only one benefit will be paid for any one assault.

Disfigurement from scarring or burns*

Cover is provided for serving members only.

Face:- if as a result of an accident you sustain facial disfigurement such as permanent scarring or permanent burns to the face and the permanent scarring or permanent burns affect an area of at least one square centimetre a benefit payment will be paid to you according to the size of the area affected.

Body:- if as a result of an accident you sustain injury which results in permanent scarring or permanent burns to the body and the permanent scarring or permanent burns affect an area of at least 4.5% of the total body area a benefit payment will be paid to you according to the size of the area affected.

Unrecovered Criminal Court Compensation (following assault)*

If, following an assault, compensation you have been awarded by a court remains outstanding for a period exceeding six months a benefit payment in respect of the outstanding full or partial award will be paid to you. Benefit is subject to the maximum specified in the following schedule and any payments subsequently received from the defendant must be repaid to the insurers.

Occupationally acquired HIV/AIDS/Hepatitis B*

If as a result of a documented incident during the course of your normal duties of employment, you become infected with the HIV/AIDS virus or Hepatitis B a benefit payment will be made to you.

Hospital benefit*

If, following an accident, you are admitted to hospital due to the injuries sustained, you will receive a payment for each night of your stay, up to a maximum of seven nights.

**All occurring within 24 months of the date of the accident.

Unsociable Hours benefit

Cover is provided for serving members only. If you are unable to work due to illness or injury, and this absence lasts for more than 14 days, you may claim a benefit equal to 7.5% of your basic salary to help compensate for the loss of the unsocial hours payments you were scheduled to receive. Benefit is payable from the 15th day of absence and for a maximum of 8 weeks, within 24 weeks from the date of disablement. The benefit you receive will depend on your contracted working hours.

Serving member (up to age 70), and partner of serving officer

Benefits	Serving member	Partner
Permanent total:		
Disablement	£125,000	£62,500
Loss of sight in one eye or loss of one limb	£30,000	£15,000
Loss of hearing in one ear	£15,000	£7,500
Loss of sight in both eyes or loss of both limbs	£60,000	£30,000
Loss of hearing in both ears	£60,000	£30,000
Loss of speech	£60,000	£30,000
Occupationally acquired HIV/AIDS/Hepatitis B	£60,000	n/a
	£2,500	n/a
Firearm assault		n/a
Stabbing assault	£1,500	
Court Award compensation (max per award)	£1,000	n/a
Disfigurement from scarring or burns	up to £5,000	n/a
Unsociable hours benefit 7.5% of basic salary		
Maximum payable per week (14 day excess) Constable	000	-1-
00.101.00.00	£60 £75	n/a n/a
Sergeant Inspector / Chief Inspector	£95	n/a
·		
Temporary total disablement (per week) (maximum 104 weeks, seven day excess)	£25	n/a
Hospitalisation (per night) (maximum of seven nights)	£50	£25

Retired officer (under age 65) and partner

Benefits	Retired Officer	Partner
Permanent total		
Disablement	£55,000	£27,500
Loss of sight in one eye or loss of one limb	£10,000	£7,500
Loss of hearing in one ear	£5,000	£3,750
Loss of sight in both eyes or loss of both limbs	£20,000	£15,000
Loss of hearing in both ears	£20,000	£15,000
Loss of speech	£20,000	£15,000
Hospitalisation (per night)	£25	n/a
(Maximum of seven nights)		

Full details of cover including the limitations, exclusions and terms and conditions can be found in the policy wording, which should be read carefully.

Worldwide travel insurance

The travel insurance policy covers the member and their spouse or cohabiting partner, and any number of dependent children/grandchildren under the age of 23 who are living with them and in full time education for any number of trips a year, up to 31 days each trip.

Trip duration can be extended to a maximum of 183 days on request and by payment of an additional premium. **Extensions must be arranged before you travel** and full details of your travel plans provided. Please call George Burrows on: 01403 327719 to arrange a travel extension.

Cover includes trips in the United Kingdom provided overnight accommodation has been booked and paid for.

A wide range of leisure activities such as Scuba diving to 30 metres and winter sports are covered at no extra charge. Please refer to page 13 of your travel policy for the full list of activities included. Cover may be available at additional premium for activities not listed, please contact George Burrows for details.

Extensions can be arranged to include cover for overseas weddings, golfing trips and business equipment, and for children of extended family or friends under the age of 18 who are travelling with the member by contacting George Burrows and on payment of an additional premium.

Important information

Health restrictions apply to some sections of the policy. Prior to booking a holiday, please ensure you read the 'Pre-existing Medical Conditions' wording which can be found on page 8 of your policy document.

Call: **01243 621 416** as soon as possible on returning to the UK to make a claim

(Quote policy number: 100790785BDN)

Overseas assistance: +44(0) 1243 621 066

A £40 excess applies to most policy sections, along with other terms and conditions.

Full details of cover including the limitations, exclusions and terms and conditions can be found in the policy wording, which should be read carefully, in particular the exclusions and limitations.

Legal expenses

The legal expenses policy provides protection from **legal costs** up to £100,000 for the subscribing member and their resident family members to help pursue or defend a claim.

Cover included*:

Subscribing member only

- Crime pre-charge, up to 5 hours post interview cover.
- Legal representation at gross misconduct hearings.
- Representation in IOPC complaints investigations.
- · Representation at Public Enquiries and Inquests.
- Defence of civil proceedings arising from charges brought against you for discrimination at work
- Defence of legal action arising from allegations in respect of your acts or omissions as a Trustee of funds set up by the Police/Federation.
- Property disputes in relation to ownership or occupation of your main home.
- Tenancy disputes relating to your unlawful eviction from a property you occupy.
- Probate disputes where you are contesting a will as a beneficiary of your deceased parents, grandparents or children.

Subscribing member and partner only

- Legal representation (solicitors and barristers) for non-duty related criminal prosecutions in Magistrates and Crown Court.
- School Admission Disputes

Subscribing member, partner, their children and parents normally living with them

- Pursuit of employment disputes (this excludes any activity as a police officer).
- Pursuit of compensation for damages following an incident resulting in personal injury anywhere in the world.
- · Purchase and Sale Disputes.
- Property Damage and Motor Uninsured Loss Recovery.
- · Tax Investigations.
- · Data Protection.
- · Personal Identity Fraud.
- Motor Insurer Database Disputes.
- · Social Media Defamation.
- · Vehicle Cloning.

**Full details of cover, including the limitations, exclusions and terms and conditions can be found in the policy wording, which should be read carefully.

24 hour, 365 days per year, claims and telephone helplines:

Personal tax and legal advice: 0333 234 3459

Lifestyle Counselling and Online Support Service: 0800 177 7894

Legal Document Service

As an addition to the Legal Expenses cover subscribing members and their resident partners have access to an Online Legal Document Service.

This service gives members the opportunity to draft their own bespoke legal documents using templates that have been developed by legal professionals and are regularly reviewed and revised in line with changes in law or legal practice.

The templates cover a wide range of topics and step by step guidance is provided throughout to help you through the document drafting process.

Templates include letters and documents for:

- · Building work quote / estimation requests, complaints and requests for faulty work repairs
- Buying and selling refunds, replacement and repair requests, sale of goods contracts etc
- Complaints and disputes compensation requests, billing disputes, neighbour issues (overhanging trees, noise, trespass etc), problems with removals, dry cleaners, hotels, restaurants etc
- Identity Theft and Credit Improvement requests for credit files, requests for information following credit rejection, informing credit card company of unauthorised usage/withdrawals, creditor holding letter etc
- Motoring parking fine challenges, vehicle sale agreements, servicing complaints, refunds from car dealers, pothole damage claims
- Probate probate letter to bank or building society
- · Wills single, married, civil partner
- Workplace application for flexible working, flexible working appeals, adoption leave requests, maternity/paternity leave letters

To access the document service visit: https://LAP-police.arclegal.co.uk

Care First Counselling

At some stage in their lives most people require advice and information on workplace and personal issues, but it can often be difficult to know where to start looking. Having access to the right advice and information can be helpful in combating the pressures of daily life.

As a member of the group insurance scheme you have access to an information and counselling helpline service which is available to you 24 hours a day. Advisors, trained by Citizens Advice are at hand to provide answers and assistance on a wide range of issues which may affect your daily life.

The helpline provides you with instant support, advice and counselling. All Care First counsellors are accredited to the British Association for Counselling and Psychotherapy (BACP). The counsellors are available to provide support for any issues that you may wish to discuss, such as bereavement, relationship problems, stress and work-loads. The service is confidential and impartial, and no one will be informed that you have contacted Care First, you don't even need to give you name if you don't want to.

The Care First online service provides a library of resources, developed and maintained by a team of professionals. The online resource offers immediate information, answers and advice for a wide range of personal issues such as finance management, childcare, relationships, and also health guides and tips. Work related subjects include returning to work after illness, planning for retirement and working effectively.

Call: 0800 177 7894 to speak to a Care First counsellor Or visit www.arclegal.co.uk/carefirst

RAC Motor breakdown assistance

Cover is provided for serving members, retired officers and subscribing partners. It applies in the event of the mechanical breakdown of a private vehicle* in which you are a driver or a passenger.

It is important that you read the IPID document and we recommend that you retain a copy in your vehicle. Copies of the IPID document are available to download from the Federation website. If you have any questions about your cover please contact George Burrows on:

01403 327719 or by email: info@georgeburrows.com



Full details of cover including the limitations, exclusions, terms and conditions can be found in the policy wording, which should be read carefully.

Qualifying vehicles

** A car, motorcyle 49cc or over in the UK or 121cc or over in Europe**, motorhome, minibus fitted with not more than 17 seats including driver, light van, estate car, MPV or 4X4 sport utility vehicle that conforms to the following specification: maximum legal laden weight of 3.500kg (3.5 tonnes), maximum overall dimensions of 6.4 metres length, height 3 metres, width 2.55 metres (all including any load carried).

What to do if you breakdown

If you breakdown in the UK please call your dedicated Federation number.

Tel: 0330 159 0278 and quote reference X804

If you breakdown in Europe** call: 00 33 472 43 52 55

(replace 00 at the beginning with 810 when in Belarus or Russia)

Additional family members

RAC cover can be extended to include other family members who normally reside with you by payment of an annual additional premium.

You can arrange this cover by calling George Burrows on: 01403 327719.

^{**} Europe: please refer to page 4 in the policy wording for the list of countries included.

Mobile phone/gadget insurance

Mobile phone/gadget insurance is provided for serving members, retired officers and subscribing partners whilst in the UK and for up to 90 days if abroad.

Insurers will pay up to a maximum of £1,000 per gadget claim /£1,500 per mobile phone claim and headphones/airpods up to £250 for repair or replacement (as applicable), in the event of:

- Accidental damage
- Theft
- Accidental loss (mobile phones only)
- Breakdown
- Liquid damage
- Fraudulent call use

General conditions*

Mobile phones/gadgets must be less than 96 months old at commencement of cover, with valid proof of purchase. Items purchased second hand or outside of the UK are not covered under this policy.

There is no cover-

- for theft, loss or damage to accessories of any kind
- for reconnection costs or subscription costs of any kind
- if you are unable to provide proof of usage, if requested
- if you are unable to evidence ownership

A policy excess of £50 will be applied to items valued up to £500 (when new), £75 for items valued between £500 and £999 (when new) and £100 for items valued £1,000+ (when new).

'Apple swap'

If your phone or gadget is an Apple product you may prefer to take the item to your local Apple store for repair or replacement. You will first need to call the number below to ensure your claim is successful after which you will be furnished with the details as to how to proceed with an Apple service.

Call: 0333 188 2257** to make a claim (please quote **SF25**)

Or you can submit a claim online here:

https://federations.eclaimcity.co.uk/

^{*}Terms and conditions apply to each section of cover.

Please refer to the policy wording for details of gadgets eligible to be covered under this insurance. Full details of cover including the limitations, exclusions and terms and conditions can be found in the policy wording, which should be read carefully.

^{**} Lines are open Monday to Saturday from 9am to 5:30pm.Call charges may vary depending on your network provider.

What to do if you have a complaint

In the first instance, you may wish to contact the Suffolk Police Federation or you can contact the George Burrows team direct at:

Post: St Mark's Court,

North Street.

Horsham,

West Sussex

RH12 1RZ

Tel: 01403 327719

Email: info@georgeburrows.com

Whilst we will make every effort to maintain the highest standards, we recognise that there may be occasions when we fail to satisfy the particular requirements of our customers. We therefore have in place procedures to investigate and remedy any area of concern.

In such circumstances we promise:

- To try and resolve the complaint within 3 working days and write to you confirming if we have done so
- To acknowledge any formal complaints promptly;
- To respond fully to your concern or complaint within four weeks or less. If for any reason this is not possible, we will write to you to explain why we have been unable to conclude the matter quickly.

If we have been unable to resolve your complaint in eight weeks, we will write to you explaining the reason as to why this has not been possible. We will also advise you of your right to refer your complaint to the Financial Ombudsman Service (if applicable).

Financial Ombudsman Service

If you still feel that we have not been able to resolve the matter to your satisfaction, after this process you may have the right (subject to eligibility) to refer your complaint to the Financial Ombudsman Service. The address is:

The Financial Ombudsman Service Exchange Tower London E14 9SR

Telephone: 0800 0234 567 (from landline) Telephone: 0300 123 9 123 (from mobile)

Email: complaint.info@financial-ombudsman.org.uk

Whether or not you make a complaint to us and/or refer your complaint to the Financial Ombudsman Service, your statutory right to take legal action will not be affected.

Additional Information

Data Privacy

George Burrows is a trading name of Arthur J. Gallagher Insurance Brokers Limited. We are the controller of any personal data you provide to us. We collect and process personal data in order to offer and provide insurance services and policies and to process claims. Personal data is also used for business purposes such as fraud prevention and detection, financial management, to generate risk modelling, conduct analytics including to advise, improve and develop our products and services and to comply with our legal and regulatory obligations. This may involve sharing information with, and obtaining information from, our group companies and third parties such as (re)insurers, other brokers, loss adjusters, credit reference agencies, service providers, professional advisors, our regulators or fraud prevention agencies.

We may record telephone calls to help us to monitor and improve the service we provide as well as for regulatory purposes.

Please see our Privacy Notice for further information on how your personal data is used, shared, disclosed and retained, your rights in relation to your personal data and how to contact our Data Protection Officer. Our Privacy Notice can be found at https://www.ajg.com/uk/privacy-policy/. From time to time we may make important updates to our Privacy Notice and these may in turn affect the way we use and handle your data. Please ensure you review our Privacy Notice periodically to ensure you are aware of any changes.

If you are providing us with personal data of another individual that would be covered under the insurance policy we may be placing or services we may provide to you, you shall ensure that you have obtained all appropriate consents, where required, tell them you are providing their information to us and show them a copy of this notice. You must not share personal data with us that is not necessary for us to offer, provide or administer services to you.

Insurers

The cover in this scheme is provided by a panel of insurers. A list of insurers is available on request.

Financial Services Compensation Scheme (FSCS)

You may be entitled to compensation from the Financial Services Compensation Scheme ("FSCS") should the insurer be unable to meet its obligations and subject to eligibility. Details of the circumstances in which you can make a claim – and instructions on how to do so – can be found on the FSCS website: http://www.fscs.org.uk. Separately, your insurer and/or you may be covered by a different compensation scheme.

George Burrows

George Burrows is a group insurance broker who has provided personal protection products to police officers for over 50 years. We are proud to have looked after the group insurance needs of the Suffolk Police Federation since the 1960's.

FCA registration

We are authorised and regulated by the Financial Conduct Authority (FCA). The FCA is the independent watchdog that regulates the provision of financial services. Our registration number is 311786. We are permitted by the FCA to act as a general insurance intermediary, to arrange credit and collect payments. You can check these details by visiting the FCA's website: www.fca.org.uk/register

George Burrows is a trading name of Arthur J. Gallagher Insurance Brokers Limited, which is authorised and regulated by the Financial Conduct Authority. Registered Office: Spectrum Building, 55 Blythswood Street, Glasgow, G2 7AT. Registered in Scotland. Company Number: SC108909

www.ajg.com/uk

Notes

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Life cover

Protecting the things that matter most to you.

Top up life cover from George Burrows. Developed specifically for serving officers, and their partners, who subscribe to the Federation Group Insurance Scheme.

Prices from £6.05* per month

- Cover for you and/or your partner
- Payable on death by any cause
- Choose from 3 levels of cover**:

£50,000 £6.05 per month

£75,000 £9 per month

£100,000 £12 per month



Call us today

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^{*}The premiums quoted are correct at 1st February 2025

^{**}Benefit levels reduce and premium rates increase on retirement. Cover ceases at age 65. Terms and conditions apply, full details are available from the Federation or George Burrows.