

Case study:  
DC Clare Day  
Kent Police



*“The job could be made better for detectives if there were more of us and more support in the workplace and courts”*

**C**lare Day still believes detectives have “one of the best roles in policing” despite the challenges.

She has been a detective constable with Kent Police for 16 years and has no regrets, in spite of the stress and the pressure that accompanies the role, as she feels it is all worth it when she gets a case to crown court and justice for the victims.

However DC Day explains: “The role of the detective is extremely demanding and challenging at the moment. The day-to-day pressures include the need to prioritise high workloads – each one is high risk and involves vulnerable people, so you have to decide what to do first. It’s a challenge to divide the workload when there are fewer officers to go around.”

She continues: “The word I would use to describe the workload is ‘stressful’. It’s a difficult job but it could be made better for detectives if there were more of us and a lot more support - not just in the workplace but through the court process as well.”

DC Day believes the detective’s role is extremely valuable because investigators deal with the most serious cases involving vulnerable witnesses and life changing verdicts.

She adds: “Even with all of the challenges around stress and demand, it’s one of the best jobs in policing especially when you’re able to get a positive outcome for a victim in court. I try to learn and improve and if there’s one thing I would do different, it would be to go to court more in my early stages of being a detective.”