Steve Hartshorn became a Police Federation rep to help colleagues who are going through difficult times. He is a member of PFEW’s National Board and its Firearms Lead.

He says: “When I was younger I worked in a pub near London. One side of the pub was covered by the Met Police and the other by Surrey. When we called for help sometimes both forces would arrive to assist. “From talking to those officers I thought policing sounded like a cracking job, with lots of camaraderie while you helped people.”

Steve joined the Met in 1995 and realised that police officers are vulnerable to complaints from members of the public.

When five of his colleagues were sacked for arresting a violent man – “for essentially doing their job” - the Federation assisted in getting them reinstated and with full back pay.

Steve became rep in the 2008 whilst working on in the firearms unit.

“There are lots of things that I’m proud of about my time as a Fed rep,” he says. “It’s still great to help colleagues through tough times and challenge inaccurate comments and at times lies about our colleagues or the work we as police officers do.

“A while ago I helped an officer who had been up on a GBH charge. He had been found not guilty by a court but was still facing a gross misconduct hearing. We submitted a no case to answer application and the case was thrown out.

“It was an emotional rollercoaster for the officer, and as their rep, you’re there with them and have their back.

“I think as a Federation our biggest benefit is a unified voice in support of the membership”