Let’s Talk Money is a new monthly newsletter for helping you stay financially fit. Each month you’ll get helpful advice on topics covering everything from savings & investments, to mortgages & debt.

A recent survey* revealed 51% of officers worry about their finances almost every day, with 1 in 8 officers seeking financial support last year to cover their day to day expenses. How financially secure you feel has a big impact on your wellbeing. Yet while we’re getting better at talking about our mental health, we’re less comfortable talking about money.

That’s why we’ve partnered with the National Police Federation to promote positive financial wellbeing, with Let’s Talk Money. Look out for issue one on Debt coming soon, or to preview all topics coming up in 2020 scroll down.

*Police Federation Pay & Morale 2019

Did you know 1 in 4 adults struggle to survive financially in the New Year? If you’ve got money worries, this guide will give you helpful tips on getting your finances back on track and where to go if you need help.

We’re here to help:
Visit policemutual.co.uk  Call 01543 441 630