

# POLICE BRAVERY AWARDS

Thursday, 12 July 2018  
The Dorchester, London



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# Theresa May

## Prime Minister

The events of the past 18 months have shone a new spotlight on the incredible bravery of this country's police officers.

PC Keith Palmer laid down his own life to stop a cowardly murderer at the gates of Parliament. PC Charlie Guenigault was off duty when he fearlessly tackled terrorists in Borough Market. And the armed team who ended the London Bridge attack in a matter of minutes ran towards great danger when many among us would have fled.

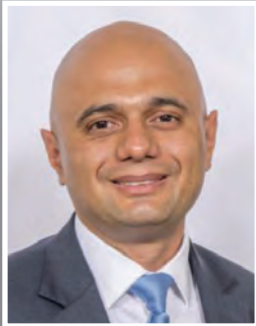
They were all outstanding acts of bravery by remarkable police officers – and their courage and selflessness is typical of that displayed every day by their colleagues right across the UK.

Tonight, we recognise and honour exceptional men and women who have served their communities and their country in extraordinary ways.

And we pay tribute to all of you who get up every day, proudly pull on the uniform, and put yourselves in harm's way so that the rest of us can live our lives in safety.

On behalf of the whole country, thank you for all that you do.





## Sajid Javid

### Home Secretary

People call policing a “job like no other,” but you simply call it “the job.” The Police Bravery Awards highlight what a special kind of job it is and celebrate the bravery, commitment and sacrifice shown by so many of you.

The last couple of years have challenged our forces in completely new ways. We remember the extraordinary acts of police bravery in the aftermath of the terrorist attacks in London and Manchester, including the officers who made it to London Bridge in just eight minutes, saving countless lives. In particular, we remember PC Keith Palmer who lost his life defending our Parliament and DC Elaine McIver who was killed in the Manchester Arena attack whilst off-duty.

We are also very grateful to Detective Sergeant Nick Bailey who was one of the first at the scene in Salisbury after the poisoning of the Skripals in March. He was prepared to put himself at great risk to help others.

The Police Bravery Awards are a reminder that acts of heroism are not just reserved for horrible events like these. There have been some remarkable nominations from across England and Wales.

In my view though, all police officers are heroes – regardless of whether you win an award or not. You never know what you will have to face during your shift. You are ready to defend your communities and to put the lives of others before your own. You are prepared to coax people down from buildings and to confront violent criminals. It is thanks to your everyday actions that lives are saved and criminals stopped.

That is why it is right that we honour both your profession as well as your specific acts of bravery at tonight’s awards.

Congratulations and thank you.

## Thanks to judges

Our sincere thanks to the Police Bravery Awards 2018 judging panel: Stephen Mann, CEO, Police Mutual; Baroness Helen Newlove of Warrington; Gavin Thomas, President, Police Superintendents’ Association; Sara Thornton, Chair, National Police Chiefs’ Council; and Ché Donald, Vice Chair, Police Federation of England and Wales.

As with every year, the standard was incredibly high with some phenomenal acts of bravery. We are honoured to be able to hold these awards and share some of the heroic acts that have taken place.

We would like to thank Police Mutual for supporting these awards, and congratulate all nominees. We hope you have an unforgettable evening.

# Calum Macleod

## Chair, Police Federation of England and Wales

Today, we recognise some of the bravest officers in England and Wales. Those who have put the safety of the public before their own, running towards what most people would run away from.

Every day, officers up and down the country find themselves in dangerous, distressing and down-right extraordinary situations. Every day they face these challenges head on. Every day they show why British policing is the best in the world.

Today is about coming together to celebrate and honour those officers, including those that are no longer with us. We will hear exceptional stories of those that faced the truly unthinkable; terrorist attacks, offenders armed with samurai swords, knives and guns, life-changing physical assaults, saving people from the brink of suicide and much more. I have been humbled reading about the dedication and selflessness shown, and am hugely proud to share each and every one of these stories. I would also like to mention the countless acts of police bravery that go unrecognised, taken in an officer's stride every day as just "part of the job".

My congratulations to all nominees – for your heroism we are sincerely indebted.

# Stephen Mann

## Chief Executive, Police Mutual

Police Mutual is proud to be sponsoring the Police Federation of England and Wales' Police Bravery Awards once again. These awards are a special milestone for us too, as it's the tenth year that we've been involved in supporting them.

The threat to officers' personal safety is real, and it's a threat they face every day. That's why these awards are so important – they recognise individuals that have put their own lives at risk, who have gone above and beyond to keep others safe.

I've had the privilege of being included on the judging panel for these awards for a number of years. To all of you who have been nominated, be proud of yourselves and your achievements. When it mattered most, you stepped up. You proved that your commitment to keeping the public safe did not waver, even when tested in the most trying of circumstances.

At Police Mutual, my colleagues and I are honoured to be able to show our appreciation for your efforts, and I hope you remember these awards for years to come. Thank you.



# Celebrating 23 years of the Police Bravery Awards

Every officer in England and Wales holds the Office of Constable and they are immensely proud to do so. It lies at the heart of our unique police service and encompasses so much, not least the responsibility of powers that are attributed to every officer who holds it.

Whilst it is an immense privilege to hold the Office of Constable, with that comes great responsibility, pride, unity and commitment to serve. Above all else, it puts the safety and security of the public first.



**Then Home Secretary Amber Rudd with last year's winners Sgt Elliott Richardson, PC Sarah Currie and PC Michael Otterson from Northumbria Police**

In putting others before themselves, police officers have a habit of running towards danger without giving it a second thought, without thinking of the risks they are taking. Last year, PC Sarah Currie, PC Michael Otterson and Sgt Elliott Richardson from Northumbria Police were recognised as overall national winners, showing exceptional bravery after they disarmed a mentally ill man who had a history of violence, schizophrenia and paranoia.

It has been an emotional 23 years – we've honoured officers who have paid the ultimate sacrifice and been in the presence of awe inspiring wives, husbands, mothers, fathers, sons, daughters, friends and colleagues, whose loved ones' bravery has gone beyond all else.

Today is a proud day that means so much – a day of reflection when we also remember those officers who are not here to celebrate with us, but we can still honour their courage.



# UK POLICE MEMORIAL

Honouring those who lost their lives serving  
and protecting communities across the UK



Design by Walter Jack Studio  
and Rathbone Partnership  
Image by Richard Carman

## **The Memorial**

The new UK Police Memorial at the National Arboretum will honour the fallen and pay tribute to the sacrifice of those police officers who have served and continue to do so. It is expected to be completed by 2020.

## **Digital Memorial**

Making the most of digital technologies, the new UK Police Memorial will also be an interactive space, bringing to life the personal stories behind the names of the fallen. There will also be educational resources.

## **Living Memorial**

The Police Arboretum Memorial Trust will help to provide a living memorial, working alongside the families of the fallen in partnership with other caregiving organisations, recognising their sacrifice and loss.

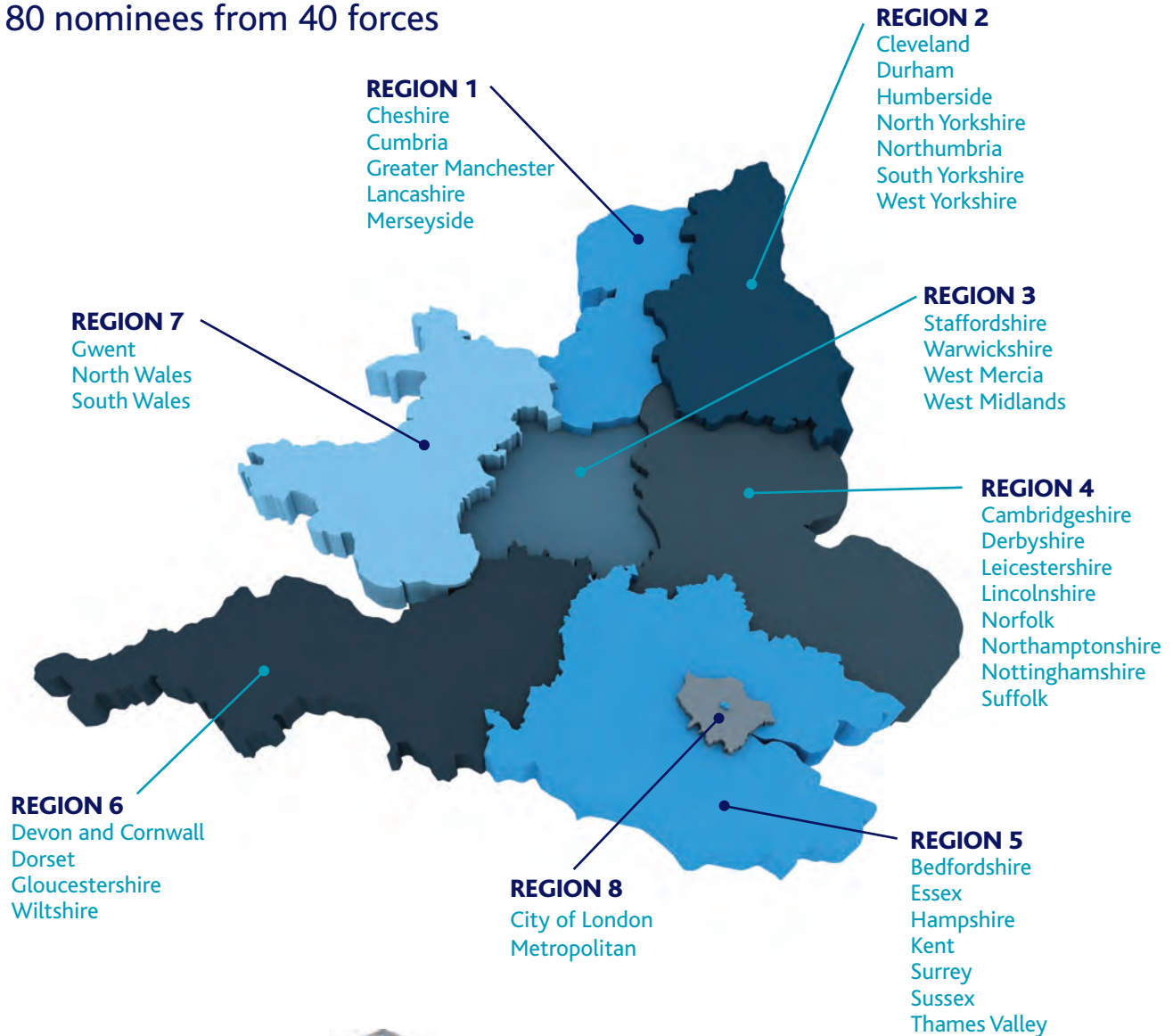
Over £3 million has been raised so far to build a fitting memorial to those who have been killed or died on duty.

Less than £1 million is now needed to see work commence, and trustees are appealing for the police family, organisations and individuals to support the campaign to create this much-needed lasting legacy and remembrance to those who have given their lives to the police service.

To make a £5 donation text **COURAGE** to 70171  
or online donations can be made at **[ukpolicememorial.org](http://ukpolicememorial.org)**

# 2018 Finalists

80 nominees from 40 forces



**POLICE**  
Federation

**Police**  
Mutual

# Bedfordshire

## Officers save five people and dog from burning building

PC Karen Jarman (now Acting Sergeant) and new recruit PC Iesha Martin battled through a burning building to rescue people inside, when a blaze broke out.

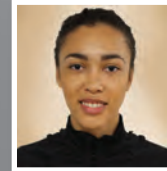
The officers were alerted to the fire by coincidence, when they spotted a vehicle driving erratically to the scene. As it turned out, the driver had been told of the fire and was racing to help. With smoke billowing from the fourth floor, the officers forced entry into the burning building and helped five people to get out of the flat – as well as the family dog – through thick black smoke.

The officers even went above and beyond the call of duty by going to a nearby charity shop for clothes and shoes for one of the people rescued.

By entering a burning building PCs Jarman and Martin showed real bravery, with no thought for their own safety.



PC Karen Jarman

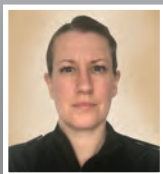


PC Iesha Martin

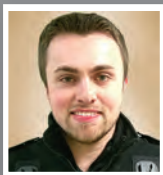


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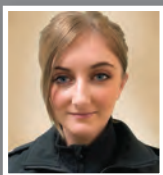




PC Louise Henry



PC Douglas McColm



PC Alexandra Moreton

## Cambridgeshire

### Suicidal woman saved from jumping off bridge

The worried mother of a suicidal teenager called police after her daughter left home just days after cutting herself so badly she needed 20 stitches.

When searching for her PC Douglas McColm and his crew partner spotted the woman on a bridge over a busy dual carriageway, where she was climbing over the railings. As the officers ran towards her they could see she was already on the wrong side of the barrier. They grabbed hold of her and physically held her to the bridge to stop her jumping, while she made a determined effort to break free.

PCs Louise Henry and Alexandra Moreton arrived and held on to the woman's legs despite blood from a large deep wound on her forearm gushing out onto them. Another officer was on the ground below trying to stop the traffic while witnessing the struggle and determination of the woman to break free from the officers, matched by the determination of the officers to keep hold of her.

The officers restraining the woman were at risk of falling from the bridge themselves, as she was still violently struggling. They were covered in her blood – some even ended up in their mouths – but they still held on to her despite the risk to their own health and safety. They were finally able to place limb restraints around her legs to attach her to the bridge railings until there were enough officers present to lift her over to safety and close the road below.

The officers involved showed true courage in risking their own lives to help her.



**The officers restraining the woman were at risk of falling from the bridge themselves, as she was still violently struggling. They were covered in her blood – some even ended up in their mouths.**

# Cheshire

## Drunk man saved from motorway bridge jump

Officers were called after a drunk and emotional man clung onto a motorway bridge.

The man had called the police himself, and it was clear that he needed help and was at risk of harming himself. On arrival, officers saw that he was on the wrong side of the railings directly over the M53 motorway. The motorway was immediately closed, but the man would not speak with officers.

Sgt Mark Woollam was forced to grab hold of him to stop him from falling. PC Derek Morgan supported him and tried to hold onto the man while they waited for the fire service to arrive. However, the man started to slip off the ledge and hang from the bridge. PCs Chris Francis and Jake Connolly grabbed onto him as he continued to slip – at one point both his feet and back were hanging over the motorway, with officers supporting his full body weight.

It became clear that there was no time to wait for the fire service, so PC Francis and Sgt Woollam removed their body armour so they could lean further over the railings and get a better grip of him.

The officers managed to wrestle the man over the railings to safety, before being taken to hospital. He came extremely close to falling from the bridge, where he would have suffered serious, if not fatal injuries. The actions of all the officers were both brave and selfless.



PC Jake Connolly



PC Chris Francis



PC Derek Morgan



Sergeant Mark Woollam



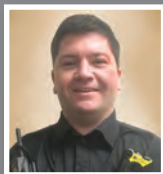
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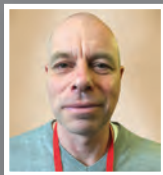
PC Simon Hill



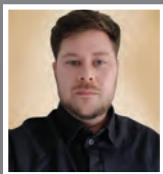
PC Matthew Kerby



PC Mark Murphy



Sergeant David Prashner



PC Ryan Tullett

# City of London

## Officers take on terrorists in Central London

The world watched in disbelief last June, as a terrorist attack unfolded on London Bridge and Borough Market.

The attack was planned to cause death and mayhem in the capital, with three terrorists driving a van containing cylinders and wearing chest rigs replicating the style of suicide bombers. Their plan was to mow down innocent members of the public, who were out enjoying a warm summer's night.

With the events of the terrorist attack on Westminster Bridge fresh in people's minds, calls for police assistance quickly came in. The officers who attended were faced with scenes of carnage; the van used to run over victims had crashed into railings, leaving its rear open and presenting a vehicle borne Improvised Explosive Device. The injuries to the many victims varied between life threatening, walking wounded and the shocked.

Reports were coming in of a marauding terrorist attack being committed by the occupants of the van in Borough Market, a few hundred feet away. While the officers gave first aid to those that most needed it, shots rang out in Borough Market as other City police officers used firearms. The officers all knew how dangerous an active terrorist attack could be, but they remained steadfast in their duty to save lives.

The courage and dedication to duty shown by these officers was inspiring. The environment in which they were working was one never seen on the streets of the City of London before.



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# Cleveland

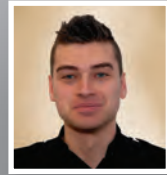
## PC faces down machete wielding thugs

PC Dan Smythe, a new officer, spotted two men armed with a baseball bat and machete attacking an occupied vehicle in the town centre.

PC Smythe chased the man holding the machete through the town, all the while giving a calm, clear, and accurate commentary to officers who were on their way to the scene. After a foot pursuit through a busy shopping centre, PC Smythe eventually detained and handcuffed the man, who only dropped the machete as police caught up.

Having detained the dangerous suspect, PC Smythe continued his commentary regarding the victim's vehicle and a description of the second offender. This helped other units to arrive, detain the second suspect, and make sure the people inside the vehicle were safe.

At the time, PC Smythe was one of the force's newest batch of probationers. His handling of the incident showed professionalism, and his decisive and selfless actions ensured two dangerous offenders were arrested and the victims were safe.



PC Dan Smythe



**PC Smythe chased the man holding the machete through the town, all the while giving a calm, clear, and accurate commentary to officers who were on their way to the scene.**



PC Adrian Braniff



PC Ruth Coates



PC Christopher Davies

## Cumbria

### Officers risk their lives to evacuate burning flats

When a fire broke out at sheltered housing, among the first to respond were PCs Adrian Braniff, Ruth Coates and Christopher Davies.

They found a flat on fire, a building full of smoke and one person dead. Many of the vulnerable and elderly residents were still in their homes, so they went from flat to flat and room to room evacuating the addresses. In some cases, they had no option but to force entry in to people's homes, kicking down doors and carrying residents to safety. The three officers suffered smoke inhalation as they put their own lives at risk to save others – all while the building threatened to collapse around them.

When the building was evacuated, 28 vulnerable and elderly people were outside in the cold and rain, so a reception centre was set up at a local leisure centre, making sure residents were safe and well.

Not only did the officers rescue people and save lives, they arranged food, clothing and fresh medication to replace what had been lost in the fire. They comforted distressed staff and vulnerable residents, helping them clean up and change their clothes, wrapping them in blankets and transporting people to get them to warmth and safety.

These officers put the safety of the public before their own, and showed real courage.



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# Derbyshire

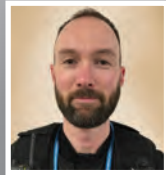
## Wanted killer caught after violent scuffle

PC David Bull works in a proactive team, targeting outstanding suspects. A man was wanted for the killing of a pensioner, whom he had robbed at home. The victim had collapsed while phoning the police after the robbery and sadly later died.

Following information from the community, PC Bull split up with his colleague and began a search. He spotted the wanted man in a secluded alleyway, and gave chase. Once caught, the man struggled violently and threw PC Bull's radio to stop him requesting help. When PC Bull used his captor spray, the offender tried to turn it back on him. PC Bull was then assaulted, causing him to fall to the floor injuring his wrist and knee.

Despite being injured and by his own admission "losing the fight", PC Bull was determined to keep hold of the suspect. He realised that his only chance of getting help would be to pull the man into a garden and hope he could be heard. He managed this and fortunately someone came to his aid, helping to detain the man before recovering PC Bull's radio so he could raise assistance. Despite his many injuries PC Bull returned for duty the following day, bandaged and bruised.

PC Bull showed real bravery in taking on a violent man, ensuring a dangerous person was off the streets.

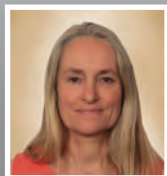


PC David Bull



**When PC Bull used his captor spray, the offender tried to turn it back on him. PC Bull was then assaulted, causing him to fall to the floor injuring his wrist and knee.**





DC Alison Brooks



DC Andrew Whittle

## Devon and Cornwall

### Officers rescue man trapped in car near burning wreckage

Two officers risked their lives rescuing a man from a wrecked car – as fire threatened to engulf his vehicle.

DCs Andy Whittle and Alison Brooks were investigating a murder when two vehicles collided head on, killing one of the drivers and trapping the other in his car. DCs Whittle and Brooks quickly assessed the scene, called the ambulance and fire services and made sure the road was safe for other motorists.

The deceased driver's vehicle was on fire, posing a serious risk to the surviving driver. The officers tried to put out the fire using a fire extinguisher, but it wasn't strong enough to stop the blaze. DC Whittle used his jacket to shield the trapped driver from the worst of the flames while they considered how to get him out.

As soon as the driver showed that he could partially free his legs, the officers pulled him from the wreckage. Unable to walk due to his injuries, they carried him to a safe distance with the help of the ambulance crew. With the driver safe, the fire service put out the burning car.

The officers' actions were professional and courageous – especially as they continued on to their prior appointment and gathered an important statement. Their actions ensured that the driver was not seriously harmed or killed and their scene management meant that no other people were put at risk.



**The dead driver's vehicle was on fire, posing a serious risk to the surviving driver. The officers tried to put out the fire using a fire extinguisher, but it wasn't strong enough to stop the blaze.**

# Dorset

## Officers in violent struggle to stop man running into traffic

Sgt Simon Kempton and PC Charlotte Harvey saw a car driving erratically, before suddenly stopping dangerously, half on a grass verge and half out on an unlit road.

Sgt Kempton approached the male driver, who claimed the car was overheating. The man was shaking, sweating profusely and slurring his words, then stumbled towards the road. Sgt Kempton grabbed him to stop him being hit by traffic and intended to arrest him for being unfit to drive due to drinks or drugs. But before he could, the man became violent.

During the struggle Sgt Kempton was struck in the head and PC Harvey was elbowed and punched in the face. She managed to use her PAVA spray, which initially stopped the man before he hit Sgt Kempton again. PC Harvey activated her emergency button, before the man pushed Sgt Kempton down the grass verge onto his hands and knees, kicking his thigh. The man pulled the officer's coat over his head covering his face and tried to blind him by sticking his thumbs in his eye sockets.

Sgt Kempton blurrily saw the man trying to get back into his car. Just as the engine started, Sgt Kempton reached into the open driver's window and grabbed the keys out of the ignition.

The man got out of the car still fighting, before he ran into oncoming traffic. Both officers jumped into the busy carriageway, grabbed the man in a bear hug and pulled him to safety, risking their own lives. However he still continued to fight, totally unaware of the danger he placed himself and the officers in. Eventually other units arrived and the man was detained.

Thanks to the officers' actions, a dangerous man was arrested before he could cause harm to himself or members of the public.



**The man pulled the officer's coat over his head covering his face and tried to blind him by sticking his thumbs in his eye sockets.**



PC Charlotte Harvey



Sergeant Simon Kempton



Inspector Edward Turner

## Durham

### Off-duty officer braves dangerous driver to help collision victim

Off duty officer, Inspector Edward Turner was travelling with his wife and two children, when he saw a seriously injured man being tended to by a member of the public in the road. Realising that this was a serious traffic collision, Inspector Turner blocked oncoming traffic with his car and asked his wife (who is a nurse) to help give first aid.

After directing members of the public to help with traffic control and speaking with an emergency services operator, he saw a car driving towards him from the direction of the road closure. Inspector Turner stood in the middle of the road and raised his hand up and shouted for the car to stop. The driver slowed and momentarily paused, with the bumper of the vehicle resting at Inspector Turner's legs.

He identified himself as a police officer, indicated that the road was closed and advised the driver not to drive through the scene. However, he accelerated forward, flinging Inspector Turner onto the car bonnet. While the vehicle was still moving, he rolled from the bonnet and positioned himself alongside the driver's side, shouting at the driver to stop. The man refused so the officer reached inside the vehicle to grab his hand from the steering wheel.

When that failed, he grabbed hold of the seatbelt to stop the driver, who continued onto a grass area, forcing Inspector Turner to let go and injuring his hand. If he had not let go, he would have been dragged along by the vehicle, risking significant injury.

The driver was later traced, interviewed and charged with a number of offences. Inspector Turner's bravery and quick thinking no doubt prevented a more dangerous situation.



**While the vehicle was still moving, Inspector Turner rolled from the bonnet and positioned himself alongside the driver's side, shouting at the driver to stop.**

# Essex

## Police save trapped man from rising tide

Two officers bravely saved a man's life after he became trapped in rapidly rising waters off the coast of Essex.

The member of the public is believed to have jumped off the sea wall, injuring himself and leaving him trapped. Sgt Michael Latham and PC Thomas Clinton entered the water on an RNLI dingy as the tide quickly rose around them in strong winds.

The man threatened the officers with violence and physically pushed them away. However, after a struggle, the officers managed to get him into the dinghy and bring him back to dry land. He needed immediate medical attention, with injuries to his face and leg and was in the early stage of hypothermia.

Without the officers putting themselves at risk to help the man, he was unlikely to have survived.



PC Thomas Clinton



Sergeant Michael Latham



**Sgt Latham and PC Clinton entered the water on an RNLI dingy as the tide quickly rose around them in strong winds.**



PC Kenneth Gorton

## Gloucestershire

### Officer runs into burning building to save man and his dog

PC Kenneth Gorton was attending a burglary, when he saw thick black smoke billowing out of the home of a vulnerable elderly man.

He entered the flat and searched for the owner, as smoke got thicker reducing visibility and making it harder to breathe. He dropped to his knees and began to crawl through the smoke to the sitting room, before realising he couldn't go any further and turning back. Once outside, a neighbour told PC Gorton that the resident was still inside, so he braved the smoke and flames a second time.

Wrapping a towel around his head, he took a deep breath and re-entered the flat, dropping to his knees. He was unable to see and his eyes were stinging. Feeling his way with his hands he crawled further into the flat and called out five times, with no response as the flames spread further into the room. Satisfied that there was no-one inside, he suddenly heard noise coming from the flat upstairs and made his way there. The resident did not realise the urgency of the situation and was not co-operating.

PC Gorton ignored the smoke and reduced visibility, to encourage the reluctant man to leave the building before it was too late. As a last resort PC Gorton handcuffed the man's right wrist so he could lead him from the flat to safety, before going back for the resident's dog.

All of this happened the week before PC Gorton's wedding – he gave no thought for his own safety, showing extreme bravery and dedication to his role.



**Wrapping a towel around his head, he took a deep breath and re-entered the flat, dropping to his knees. He was unable to see and his eyes were stinging.**

# Greater Manchester Police

## Officer jumps into freezing river to save man's life

A heroic police officer dramatically jumped into a freezing river to rescue a man.

Officers were called to a bridge over the fast flowing River Irwell, following reports of concerns for the welfare of a distressed man.

He had jumped into the water and upon seeing him in the freezing river, student officer PC Mohammed Nadeem jumped an 8ft drop into the river and swam towards him. The brave officer was still wearing his heavy protective clothing, as there had been no time to take it off.

The man tried to swim away towards a dangerous weir, but PC Nadeem caught up with him and dragged him to safety. He was treated by paramedics before being taken to hospital to receive treatment.

There is no doubt this incident would have had a tragic ending if it wasn't for the immediate and incredibly brave actions of PC Nadeem, who himself admitted to not being a strong swimmer.



PC Mohammed Nadeem



**Upon seeing him in the freezing river, student officer PC Nadeem jumped an 8ft drop into the river and swam towards him.**





PC Christiane Fortt



Sergeant Jonathan Pursey

## Gwent

### Officers face axe attack

Officers were attending a burglary, when they were met by a large hostile crowd who were drinking and taking drugs.

While they tried to clear the premises, a man came back with an axe and tried to attack the officers in a narrow corridor.

Described as being "in a pure rage, snorting with anger", he pointed at Sgt Jonathan Pursey with the axe raised, moving towards him. At the same time a man who lived there came into the corridor with a knife to attack the man wielding the axe. The officers now had two men with weapons in close proximity and in a narrow space.

Sgt Pursey bravely tackled the man with the knife to the ground and disarmed him, but left himself vulnerable to the axe-wielding man. PC Christiane Fortt saw the danger and put herself between her sergeant and the attacker, believing they were going to be attacked.

Sgt Pursey restrained the man on the floor while PC Fortt used communication tactics to stop him attacking. The man was around six feet away, with the axe still in the air ready to strike. Fortunately PC Fortt managed to talk him down.

Sgt Pursey and PC Fortt risked their lives to diffuse a highly volatile and dangerous situation, showing courage and quick thinking.



**He pointed at Sgt Pursey with the axe raised, moving towards him. At the same time a man who lived there came into the corridor with a knife to attack the man wielding the axe.**

# Hampshire

## Police stop violent offender who stabbed two officers with butcher's knife

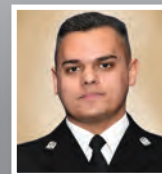
Last summer PCs Jack Alexander, Mark Allison and Jonny Garland arrived at the home of a man suspected of domestic violence, planning to arrest him.

When they arrived the suspect refused to answer the door, prompting the officers to force it open. The suspect came out of the house with a large butcher's knife and began to slash and stab towards the officers. Within seconds PC Allison was stabbed to the bone in his left shoulder, causing a significant injury which needed 12 stitches.

He then slashed the hand of PC Alexander – an injury that required 17 stitches. However, despite their injuries both officers carried on helping their colleagues throughout the violent and frenzied knife attack. Even when it became apparent how dangerous the situation was, the officers stood their ground and helped each other.

After stabbing two officers the offender then attempted to stab the others, including one in the back of the head. Instinctively PC Garland raised his Taser, fired and incapacitated the offender. Without doubt he saved the other officers from serious injury and probably death. All of this happened in seven seconds.

The officers' reactions were exemplary – they demonstrated exceptional bravery in a fast moving hostile situation. In the case of PC Garland, his calm and measured response saved the lives of his colleagues.



PC Jack Alexander



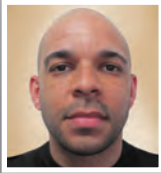
PC Mark Allison



PC Jonny Garland



**After stabbing two officers the offender then attempted to stab the others, including one in the back of the head.**



PC Peter Bore



PC Neil Counter



PC Rhys Grover



Sergeant John Rickells



PC Richard Williams

# Humberside

## Officers save vulnerable residents from flat fire

Brave officers risked their lives in a burning building to save vulnerable residents.

PCs Neil Counter and Richard Williams were first on the scene of the blaze and tried to enter the burning building, suspecting that people were trapped inside. The officers were beaten back by ferocious flames at the doorway and pulled away by PCs Peter Bore and Rhys Grover who saw the danger they were in. They moved the officers to safety just before the roof collapsed.

Despite suffering effects from the smoke, all five officers then began to evacuate the residents of the surrounding flats. This was made even more difficult as many of them were elderly or suffering from learning difficulties. The officers managed to successfully evacuate all the surrounding residents and first aid was given to those who needed it.

Sgt Rickells was the first supervisor on the scene and was later praised by his Inspector for his quality of handover; knowing every bit of information and being one step ahead with what needed doing.

The brave actions and quick thinking of the officers prevented any serious injury to the other residents of the flats.



**They moved the officers to safety just before the roof collapsed. Despite suffering effects from the smoke, all five officers then began to evacuate the residents of the surrounding flats.**

# Kent

## Unarmed off-duty officer stabbed after confronting group

PC Stephen Howard was walking with his partner one Saturday afternoon, when he saw a group of men climbing over a fence into a garden. The group tried to enter the house, kicking and hitting the door.

Despite the risk to his own safety and being far outnumbered, PC Howard crossed the road to challenge the group and protect the house and its occupants. Most of the group climbed back into the street and made off, but PC Howard managed to take hold of one of the men and restrain him.

PC Howard was punched in the face several times by another man but despite being attacked and realising the danger he was in, he continued to restrain him. He then felt an excruciating pain in his leg, causing him to release his grip and the two men ran off.

PC Howard had been stabbed in his right thigh with a knife so long and with such force, the blade had gone through his leg and out the other side. Although he was in intense pain, he remained calm with his shocked and distressed partner at his side, before being rushed into emergency surgery with an arterial bleed. Complications to the wound meant he needed more surgery and two blood transfusions, remaining in hospital for five days and unable to walk for five weeks before moving onto crutches.

PC Howard displayed outstanding bravery and professionalism in tackling this violent group. He placed himself in danger to prevent crime and protect the public, whilst off duty and without protective equipment.



PC Stephen Howard



**PC Howard had been stabbed in his right thigh with a knife so long and with such force, the blade had gone through his leg and out the other side.**



PC Peter Black



PC Gary Holliday



PC Pete Lucas

## Lancashire

### Officer stabbed and beaten in violent assault

When a man was reported missing from his home by his family, PC Pete Lucas went to find him.

He knew that the man in question was believed to be driving around local roads so when he spotted his van, PC Lucas stopped it to check on the driver's welfare. The man immediately started a sustained and frenzied attack on the officer, stabbing him repeatedly around the chest while kicking and punching his body and head. PC Lucas was stabbed in the stomach, fractured his left arm and his body and face were bruised in the vicious attack. He bravely fought for his life and continued to fight back, but the man had the upper hand.

Two members of the public who were on their way to a family funeral, saw what was happening and with no regard for their own safety, challenged the offender who was still reigning blows on the officer. He ran back to his van and drove off.

Despite his injuries, PC Lucas was able to transmit a full description of the offender and said "I will just check if I have been stabbed. Actually, yes I have". While the other officers approached the man in his van, he attacked their vehicle with a large pickaxe, striking the bonnet, door and windscreen repeatedly, eventually becoming embedded in the windscreen/dashboard directly in front of the driver, PC Peter Black.

PC Black pulled alongside the man's van allowing PC Gary Holliday to Taser him through the open windows. This was a quick and remarkable show of professionalism by all involved under the most intense stress. PCs Holliday and Black caused the man minimal injury whilst relieving an incredibly threatening and violent situation, which was unfolding outside a gym where parents were waiting for their children to finish swimming lessons.

All the officers involved showed no regard for their own safety, putting themselves in a vulnerable situation to bravely catch the offender.



**"I will just check if I have been stabbed.  
Actually, yes I have."**

# Leicestershire

## Officer saves unconscious man from canal

PC Marcus Barrowcliffe and another officer were on patrol when a panicked member of the public told them a man was lying face down in a nearby canal.

The officers sprinted to where the man had been seen, discarding their stab vests and updating the control room. The control room called for the ambulance service and for other officers to attend the scene.

Once the officers located the man they could see that he was lying motionless, face down in the water some way out. Without thought for their own safety, they jumped into the water and swam out into the canal. The water was so deep in places that they could not stand without going under and the muddy canal was littered with debris, with weeds tangling around them, pulling them down.

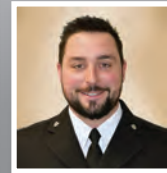
These obstacles placed the officers in potential danger while they tried to reach the man. When they reached him, they turned him over and realised he was not breathing. They managed to swim back to the canal towpath, where they were helped by members of the public in getting the man out of the water.

Once on dry land, the officers gave the man CPR until the ambulance service arrived. The man started to cough and splutter water that he had swallowed and it was quite clear that the CPR had saved his life.

In very dangerous circumstances, PC Barrowcliffe was totally committed to doing anything he could to pull the man from the water. His quick actions enabled him to get the man out of immediate danger and give him life-saving CPR on the edge of the canal.

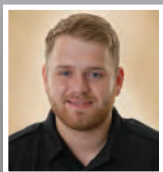


**Without thought for their own safety, they jumped into the water and swam out into the canal. The water was so deep in places that they could not stand without going under.**



PC Marcus Barrowcliffe





PC Jordan Bathie-Drexler



DC Ben Moden

## Lincolnshire

### Brave officers risk life and limb to save electrocuted man from train tracks

DC Ben Moden (a PC at the time) was tutoring new officer, PC Jordan Bathie-Drexler while on patrol when they received a report of a male shoplifter.

A description of the suspect was passed to DC Moden and PC Bathie-Drexler, who went to Grantham train station to look for the man. When they arrived they saw a man matching the description of the shoplifter on the opposite platform, so ran up over the bridge connecting the platforms over the electric train tracks.

They reached the opposite platform, when the suspect jumped onto the track and ran away. The officers asked the control room to request that trains were stopped before giving chase. Once the trains were stopped they went after the suspect, running past a very slow moving train heading into the station, with the train driver indicating where the suspect had run to.

Some distance down the track they saw the man climbing the pillar of an overhead gantry, so the officers stopped. They believed that he was going to try to cross the tracks by climbing the gantry and then escaping over a fence. However, he stood on a live connection to one of the electric cables and was electrocuted by the current, believed to be around 25,000 volts – he was instantly thrown from a significant height and was on fire when he hit the ground.

With no thought for their own safety, given that the suspect could still be 'live' with the current flowing through him, the officers approached the man and used their jackets to extinguish the flames on the man's body. They performed immediate first aid until paramedics arrived, helping the man to survive the incident.

The officers acted with professionalism and courage to make sure the man survived.



**With no thought for their own safety, given that the suspect could still be 'live' with the current flowing through him, the officers approached the man and used their jackets to extinguish the flames on the man's body.**

# Merseyside

## Suspected car thief saved from drowning by brave PCs

Brave PCs ended up saving a suspected car thief's life, when the car they were chasing ended up in a lake.

The officers were following a suspected stolen Audi, when the driver became aware and sped off. A stop stick was used to deflate the tyres but the driver continued, heading onto a side road before driving over a bank into a lake, where the car began to sink.

The officers could see the rear light of the car, which was almost totally submerged and drifting into deeper water. The driver was very distressed as he tried but failed to free himself through an open window.

It was obvious he was going to drown without help, and the officers they knew they only had seconds to spare. Despite the massive risks to their own safety, they entered the cold water in near total darkness to save the driver's life. But when they reached the car, the weight of the water meant they couldn't open the doors. Eventually they managed to free the man by opening the boot and helping him to climb out into the water. Just seconds later, the Audi slid over the edge of an underwater ledge and sank 90ft to the bottom of the lake.

The man and the officers were all taken to hospital for checks and treatment for hypothermia but were discharged later.

These officers showed extreme bravery and dedication, risking their own lives to save that of the offender.



**It was obvious he was going to drown without help, and the officers they knew they only had seconds to spare. Despite the massive risks to their own safety, they entered the cold water in near total darkness to save the driver's life.**



PC Neil Clark



PC Wayne Hargreaves



PC Joshua Leach



PC Andrew Kinsey



PC Steven McAllister



PC Keith Palmer GM

# Metropolitan I

## PC dies saving Westminster from terrorist attack

It was a normal day at Westminster, with tourists bustling outside the gates and politicians going about their business inside the House of Commons.

PC Keith Palmer GM was on duty at Carriage Gate at the Palace of Westminster, when there was a loud bang and people started screaming. A terrorist had driven into pedestrians on Westminster Bridge, injuring and killing innocent people, before crashing his vehicle and running into the terrified crowds. Petrified members of the public were running away, passing where PC Palmer was on duty. A police witness heard a woman shout "a man stabbing people!"

Hearing the commotion and screaming coming from Westminster Bridge, unarmed PC Palmer immediately ran towards the noise, stepping forward with no thought for his own life. He began closing the gates, intent on protecting those within Parliament. But as he was doing his job he was attacked by the terrorist and brutally attacked with a knife, before stumbling backwards and falling.

His attacker's attention was momentarily diverted to the other officers who were moving forward, giving PC Palmer the chance to move back a short distance, where he sadly fell and succumbed to his injuries.

PC Palmer's quick thinking and heroic actions gave reaction time for armed and unarmed colleagues to respond to the terrorist, preventing further murders and significant injuries. PC Palmer showed outstanding bravery and selflessness in defending Parliament, ultimately sacrificing his life to protect others.



**Hearing the commotion and screaming coming from Westminster Bridge, unarmed PC Palmer immediately ran towards the noise, stepping forward with no thought for his own life.**

# Metropolitan II

## Attacked off-duty officer nearly loses his leg

Husband and wife PCs Gavin and Laureen Pain were on holiday when they spotted a large man fighting with a much smaller man. The larger man had the other in a headlock and was repeatedly punching him in the head. It was clear to both officers that the smaller man was going to be severely injured, so they bravely approached the fighting duo to intervene.

PC Laureen Pain recognised the violent man from school and appealed to him to stop, to distract him. The larger man released the man he was punching, and started walking towards PC Laureen Pain with clenched fists.

Seeing what was about to happen, PC Gavin Pain asked the man to calm down, when the man punched him in the head, causing the officer to lose consciousness and fall to the floor. He briefly recovered consciousness to find his attacker jumping on his right leg, before passing out again. When he regained consciousness he tried to get up and realised that he couldn't, before hearing what sounded like water falling onto the floor. He realised that the noise was blood, and saw the bone protruding from his leg. PC Gavin Pain fell to the floor, where he stayed until an ambulance arrived and took him to hospital while PC Laureen Pain and local officers detained the man.

PC Gavin Pain received a triple compound fracture, and it was initially thought that he would lose his right leg. After numerous operations, PC Pain is still recovering from his injuries and it is unlikely that he will ever regain full feeling in that leg. Even with this significant injury PC Pain has returned to full time duties.

Both officers showed a huge amount of courage and bravery in approaching and trying to detain the attacker.



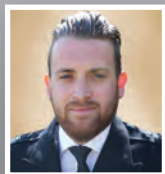
PC Gavin Pain



PC Laureen Pain



**When he regained consciousness he tried to get up and realised that he couldn't, before hearing what sounded like water falling onto the floor. He realised that the noise was blood, and saw the bone protruding from his leg.**



PC Charlie Guenigault

## Metropolitan III

### Off-duty officer suffers horrific injuries protecting public from terrorists

It was a warm summer night in London, with people enjoying drinks and dinner with friends and family. One of those people was PC Charlie Guenigault, who was on his way home from relaxing with friends after finishing his shift.

Out of nowhere, three knife-wielding terrorists attacked members of the public and a British Transport Police (BTP) officer at London Bridge. Hearing the noise, unarmed PC Guenigault ran to help, trying to protect them with no thought for his own safety. He bravely ran towards the terrorists when they attacked him, stabbing him repeatedly. He suffered serious injuries to his head, back and stomach and was in a critical condition.

The injured officer was taken to King's College Hospital and had numerous surgeries on his torso over the following weeks. He was placed in a coma to help his recovery and his spleen was removed. He will remain on antibiotics for life.

During the course of the terrorist attack the BTP officer received significant injuries, eight people were killed and 48 were injured. Without PC Guenigault's bravery, many more members of the public could have been hurt or even killed. He showed a huge amount of courage in terrifying circumstances.



**He bravely ran towards the attackers unarmed and was set upon by them, being stabbed repeatedly. He suffered serious injuries to his head, back and stomach and was in a critical condition.**

# Norfolk

## Solo officer fends off samurai wielding attacker

PC Frances Peters was the first officer on the scene after police received a late night call from a man claiming he was going to kill his wife.

PC Peters, a dog handler, arrived at the remote farmhouse to find the door open and a dim light on. She identified herself and went inside, to find the man standing in the kitchen. He was playing music and talking to himself while fiddling with a mobile phone. PC Peters tried to talk to him, but he didn't acknowledge her presence.

She couldn't see any trace of his wife and continued to try to speak to him, when he looked up and put his phone on the floor. Turning towards the cooker, he picked something up – and she realised he was holding a sword in each hand (a Japanese samurai sword and a Katana sword).

PC Peters shouted at him to put the swords down, but he ignored her and walked towards her with the swords in his hands. She realised in this "heart stopping" moment that her dog was not with her and her colleagues had not yet arrived.

The officer used her Pava spray and her personal safety skills, so she could restrain her attacker and safely handcuff him. She restrained the man on the ground until the other officers arrived, who took him into custody.

PC Peters disarmed and detained this threatening man, taking control of a very dangerous situation without injury to the man or herself and also prevented any harm to the offender's wife and children, who were upstairs in the cottage.



PC Frances Peters



**Turning towards the cooker, he picked something up – and she realised he was holding a sword in each hand.**





PC David Hall



PC Rhys Rushby

## North Wales

### Officers brave claw hammer attack to catch murder suspect

The force had been searching for a man wanted for a violent murder. Caution was needed, as there was intelligence that he had a handgun and wanted to kill police officers.

PCs David Hall and Rhys Rushby approached a vehicle that was suspected of being stolen, when PC Hall spotted a man hiding himself in the back, wearing a hood and covering himself with blankets. PC Hall opened the rear door, and recognised him as the person wanted for murder. The suspect attacked PC Hall with a claw hammer, striking him on the shoulder and several times on his forearms and hands.

PC Rushby captor sprayed the man as PC Hall tried to take the hammer and wrestled with the offender. The wanted man managed to take hold of the officer's Taser but PC Rushby managed to grab it back.

The offender was biting and punching the officers, so PC Rushby wrapped a blanket around his head to stop him biting more. The man screamed that he had a gun and was going to shoot and kill officers, before thrusting an unknown object underneath PC Rushby's throat.

PC Hall used the Taser on the man, but due to his clothing it was ineffective. The suspect broke the wires and continued to assault both officers, screaming that he would shoot them. Bravely PC Hall re-loaded and successfully used his Taser. PC Rushby quickly placed a cuff onto the offender's right wrist and pulled him out of the car before handcuffing him fully.

The man was arrested on suspicion of assault, murder, robbery and burglary. The object he had been holding underneath PC Rushby's neck was a nine inch kitchen knife.

Both officers showed incredible courage, with no thought for their own safety.



**The man screamed that he had a gun and was going to shoot and kill officers, before thrusting an unknown object underneath PC Rushby's throat.**

# North Yorkshire

## PC risks life detaining violent knife suspect in busy traffic

PC Richard Farrar was pursuing a suspected bicycle thief by a busy road, when the man became violent and tried to escape.

As the officer tried to restrain him, the two men ended up struggling into the path of oncoming traffic. During the scuffle PC Farrar heard metal hit the ground – later discovering it was an eight inch kitchen knife that had been hidden in the suspect's waist band.

PC Farrar and the man were still struggling on the road as the officer bravely tried to restrain the offender. He was aware that they were in the middle of a busy traffic light junction, with cars driving around them.

A member of the public saw the officer was in danger, and bravely helped PC Farrar restrain the suspect. His actions helped prevent the officer being injured and also stopped the suspect escaping, who was later charged with resisting arrest, possession of a bladed article and breach of court bail.

Both the member of the public and PC Farrar showed quick thinking, true courage and bravery in apprehending and restraining a violent suspect in possession of a large knife in a very crowded public area. Their actions meant that a dangerous person was taken into police custody and could no longer pose a danger to the public.



PC Richard Farrar



**During the scuffle PC Farrar heard metal hit the ground – later discovering it was an eight inch kitchen knife that had been hidden in the suspect's waist band.**



PC Johnny Brereton

## Northamptonshire

### Unarmed officer faces down threatening man holding gun and claw hammer

PC Johnny Brereton and a colleague were checking on the welfare of a man who was known to have mental health problems. The mental health team had advised that he was making threats towards them and himself, and was diagnosed with paranoid schizophrenia and deteriorating mental health.

From outside PC Brereton could see the man through a glass window in the door, sitting on the bed with a claw hammer in one hand and a metal revolver in the other. The officers withdrew to the car park, where PC Brereton continued to update the control room, while his colleague positioned herself at the side of the building to keep watch on the back, in case anything was thrown out of the windows.

The man came outside and pointed the gun at PC Brereton, who was just 100 yards away. PC Brereton moved backwards away from the man, who was holding the claw hammer in his right hand and shouting incoherently. After around 30 seconds the man walked back into the flat, so PC Brereton carefully watched the front door.

A few minutes later the man came outside again and while still holding the weapons, made his way into the car park where the other officer was. PC Brereton saw his colleague was exposed and shouted for her to run, before he moved forward out into the open, drawing the man away so she could move out of danger. The man was still holding the weapons, shouting incoherently at PC Brereton and was about 30 feet away from him. He repeated this behaviour several times until the firearms team arrived. At times the distance between the man and PC Brereton was as little as 12-15 feet. After being arrested, the man said he wanted to be shot by the police.

PC Brereton put the public's safety before his own in his handling of the situation and showed extreme bravery.



**The man was still holding the weapons, shouting incoherently at PC Brereton and was about 30 feet away from him.**

# Northumbria

## PCs put themselves in the firing line to save domestic violence victim

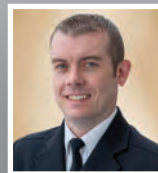
PCs Gary Sharpe and Victoria Threadgold were called out to a domestic violence incident where a woman had been assaulted. The offender was known to have a history of violence, was drunk and described as having a multiple personality disorder. PC Threadgold took charge of the female victim, removing her from danger. She was suffering from the effects of the assault, but also highly emotional and extremely volatile.

The officers went further into the house, where they were confronted by a furious heavily built man, who threatened them from the top of the stairs. He stood on the landing from behind a child safety gate, where he was encouraging two Staffordshire bull terriers and a German shepherd to attack the officers. The dogs were barking, biting and scratching at the gate.

He moved away and returned with a 4ft samurai sword, threatening both officers. PC Sharpe directed PC Threadgold to move back and, after some significant effort and talking, he eventually persuaded the man to put the sword down. He slammed it on a ledge at the top of the landing but immediately produced a black metal handgun, pointing it in the officer's face.

PC Sharpe had no other option but to disarm him with CS incapacitant spray and hand strikes. He successfully restrained the violent man, while PC Threadgold immediately came to his aid. The man continued to struggle with both officers as they grabbed the weapon.

The officers demonstrated courage in dealing with such a significant threat and worked together as a team to reach a successful resolution to a situation that could have had far more serious consequences.



PC Gary Sharpe



PC Victoria Threadgold



**He eventually persuaded the man to put the sword down. He slammed it on a ledge at the top of the landing but immediately produced a black metal handgun, pointing it in the officer's face.**



PC Kevin Parsons

# Nottinghamshire

## PC saves vulnerable woman from drowning

A member of the public called in to report a distressed and angry young woman who was wet through, with possible mental health issues.

PC Kevin Parsons went to the grounds of a house where the woman had been seen. He found and approached her, but she ran into a nearby wood.

The officer then heard a large splash and believed the woman had run into one of the large ponds. As PC Parsons approached, he saw her swimming across one of the ponds, clearly exhausted and struggling to swim. She was shouting out in distress.

Without hesitation, PC Parsons entered the water with no lifesaving equipment and swam to the woman, who was thrashing her arms around and making it incredibly difficult for PC Parsons to help her.

Several times the woman pushed PC Parsons under the dirty water, causing him to fear for his own life. It was getting dark with no artificial light present, making it difficult to see what was happening. With difficulty, PC Parsons managed to pull the woman to a jetty at the edge of the water, where due to exhaustion he kept her head above water until help arrived to pull her out. A member of the public and PCSOs provided first aid until paramedics arrived. The woman was taken to hospital, where she remained for two days due to hypothermia.

The situation was extremely stressful and dangerous for those present, but despite this PC Parsons showed incredible bravery and put the needs and safety of others before himself.



**Several times the woman pushed PC Parsons under the dirty water, causing him to fear for his own life. It was getting dark with no artificial light present, making it difficult to see what was happening.**

# South Wales

## Officers locked in house with man brandishing machete

New officer PC Megan Hill and PC Matthew Jones were called to a suicidal man's house, but once there couldn't get any answer.

The man was known to have mental health problems and previously mental health support workers had to leave the house without conducting their assessment, because of his aggressive behaviour.

The officers entered through an open kitchen window and started searching the house, concerned about the man's welfare. As they approached the top of the stairs they saw the man holding a machete with a 2ft long blade. He waved it at the officers, swinging it in a slashing and swiping motion. PC Jones told PC Hill to go downstairs and radio for assistance while he stayed on the stairs, instructing the man to put the machete down. He refused and continued to swing the machete towards PC Jones who tried to reason with the man, but to no avail.

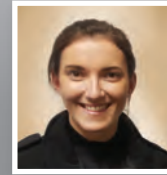
The officers were locked in the house, so had to stay inside and try to engage with the man. He tried to use the machete to pull an item towards him on the landing, but lost his grip and dropped the machete on the floor. PC Jones took this chance to spray him in the chest and face, causing the defendant to step backwards and start to move towards the room he had come out of, holding a second knife.

PC Jones grappled with the defendant who dropped to the floor. Fearing for his life and that of the man, PC Jones jumped on the defendant to try and get the knife off him. After a struggle, the man let go of the weapon. PC Hill and a paramedic came to help and placed the attacker in handcuffs. Officers seized the second knife and took the man into custody.

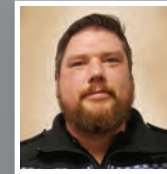
PC Hill was only in the second week of her tutorship with PC Jones when the attack happened. Without the officers' bravery and quick thinking both of them could have lost their lives.



**He waved the machete at the officers, swinging it in a slashing and swiping motion.**



PC Megan Hill



PC Matthew Jones



Sergeant Richard Pettican

## South Yorkshire

### Officer brutally attacked by violent thug

Police had received a call that a car and phone had been stolen at knife point.

After crashing the car and running off, the two suspects had been tracked down to a nearby narrow alleyway. An officer heard a radio transmission from Sgt Richard Pettican telling a man to put his hands in the air and stay put. The transmissions continued and were getting louder and more urgent, before stopping, with Sgt Pettican not responding to calls.

The officer searched for Sgt Pettican and spotted one of the suspects leaning against a gate, before detaining him. Unable to get through the gate, she looked through the slats and into the alleyway, spotting a man in a "boxer's stance" who was punching Sgt Pettican in the head.

She pressed her emergency button for assistance, before returning back to the other officers but could still see Sgt Pettican. He was lying on the floor on his side covered in blood, with a knife on the floor in the alleyway.

Sgt Pettican attempted to grab the man, but a scuffle ensued and the officer was assaulted again. The man took the officer's handcuffs and used them as a knuckle duster to repeatedly hit Sgt Pettican's head, while he tried to get up to detain the thug. Other officers arrived but not before Sgt Pettican had been repeatedly hit by the offender.

Sgt Pettican received several deep cuts and bumps to his head and body which were swollen, with the cuts needing staples to close them. It is no doubt due to his actions that morning that these men were arrested and his personal tenacity and bravery very likely prevented further offences against the public taking place.



**The man took the officer's handcuffs and used them as a knuckle duster to repeatedly hit Sgt Pettican's head, while he tried to get up to detain the thug.**

# Staffordshire

## Sleeping family rescued from house fire by brave PC

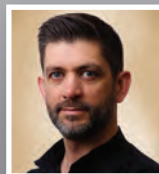
A brave PC rescued a sleeping family from a potential house fire, after the building next door caught light.

The family home was next door to one that was on fire, with smoke finding its way into the house. Although a smoke alarm was beeping, the smoke was so thick it muffled the sound. PC Dominic Gallimore was one of the first at the scene and due to his quick thinking, and the help of a neighbour, the family escaped the house unharmed.

The neighbour had told PC Gallimore that a family was asleep in the house next to the burning building. He had tried to wake them by beeping his car horn, but they had not roused. PC Gallimore forced entry into the house, which was full of thick smoke making it impossible to see anything. He managed to shout and alert the father, helping him to safety and asking where the children were. He then ran back in and found the wife and two children before taking them outside.

The family feel lucky to be alive and believe that they were only five minutes away from death, because they would not have woken up. The people who lived in the house that was on fire were already outside and safe when firefighters arrived.

PC Gallimore went above and beyond in rescuing four people from a lethal situation. With no thought for his own safety, he made sure everyone in the house made it out alive.



PC Dominic Gallimore



**PC Gallimore forced entry into the house, which was full of thick smoke making it impossible to see anything.**





PC Stephen Vaughan

## Suffolk

### Officer saves suicidal woman from freezing sea

It was New Year's Eve and dog handler PC Stephen Vaughan was on a late shift. He responded to a call that a highly vulnerable woman had left hospital against medical advice. It was thought that she had driven to the seafront, where it was feared she intended to cause herself harm.

While the search was well underway, the ambulance service shared an update that the woman had taken pills and vodka. This, coupled with the fact she had told hospital staff that she intended to take her own life, meant she had to be found fast.

The weather conditions were very poor, preventing the National Police Air Service (NPAS) helicopter from helping. The coastguard was aware but until it was known if the woman was in the sea, they were unable to attend. PC Vaughan decided to search on foot and not long after he saw a body floating in the water. Without any consideration for his own safety, PC Vaughan entered the freezing cold December North Sea. He made his way through the breaking waves and retrieved the body, which was the missing woman.

PC Vaughan dragged her back onto the beach and started emergency CPR, although he was wet and freezing cold himself. He found a pulse and knowing that help was on the way, he placed her in the recovery position and monitored her vital signs until a trauma kit arrived on scene. He continued to do this along with colleagues until an ambulance arrived and took over her care.

The woman was taken to hospital and thanks to PC Vaughan's actions, after treatment was able to make a full recovery. There is no doubt that if she had been in the cold North Sea for much longer she could have died in the sea, alone.



**PC Vaughan entered the freezing cold December North Sea. He made his way through the breaking waves and retrieved the body, which was the missing woman.**

# Surrey

## Officer talks suicidal man down from roof

Temporary Sergeant James Lampard (a PC at the time) and his sergeant attended a call regarding a man on the roof of a shopping centre. Whilst on their way, the Metropolitan Police shared that they had received a call from a woman following a domestic incident. She said that her partner had stolen her car, possibly heading to Epsom to kill himself as he had tried to do previously.

On arrival at the centre, PC Lampard went to the top floor, where he found the man sitting on the 'wrong' side of the barriers. The man was reluctant for police to approach and speak to him, but eventually PC Lampard managed to gain a rapport. The man explained that he felt life was not worth living and described how he felt that life was passing him by. He disclosed that he had been there before three years ago, and at that time he had been promised help by a close relative but nothing had changed.

PC Lampard displayed the highest level of professionalism and compassion in the way he engaged with the man. He built a rapport so he could approach, grab hold and carefully guide the man over to the right side of the barrier, where he could be offered support and taken safely to hospital.

He showed great courage in going hands on with the man, as due to the individual's size and build, if he had changed his mind and jumped, it was highly likely that PC Lampard would have been dragged over the side with him.

The bravery displayed by PC Lampard was noted by the force control room, and his communication was so impressive that the control room supervisor stood down the negotiator minutes into the incident, as he felt PC Lampard was doing such an excellent job.



**If he had changed his mind and jumped, it was highly likely that PC Lampard would have been dragged over the side with him.**



Temporary Sergeant  
James Lampard



PC Owen Flitton

## Sussex

### Single-crewed officer disarms and arrests man brandishing a knife

Single-crewed PC Owen Flitton was on duty when a report came in of a man who had tried to steal an unattended taxi.

Despite having no immediate back-up, he began to methodically search the area, concentrating on roads and places that he believed to be most likely where the man would be, before finding him and challenging him.

When he identified himself as a police officer, the man responded that he had a firearm in his bag. He began to reach inside to take hold of it, while telling PC Flitton to 'go away'. Recognising the increased threat PC Flitton withdrew but kept watch.

The suspect turned to run but as he did so a car pulled up alongside him. The suspect pulled a large kitchen knife from his bag, demanding that the lady driver get out of the vehicle, and give him her car.

Despite the threats already made towards PC Flitton and the fact that he was still without any back up or support, he approached the armed suspect. Using his incapacitant spray he managed to get him to move away from the car, when he again tried to run.

PC Flitton ran after the suspect who, while still armed with the large knife, entered a shop and vaulted the counter, followed by PC Flitton. Now in a much smaller and enclosed space, the officer was able to wrestle him to the ground, pin him down, disarm and arrest him for the various offences he had committed.

The actions of PC Flitton displayed his bravery, dedication to duty and commitment to public service – the best traditions of the police service.



**Despite the threats already made towards PC Flitton and the fact that he was still without any back up or support, he approached the armed suspect.**

# Thames Valley

## Officers detain high street killer in busy town centre

Off-duty Sgt Mark Allmond was shopping with his family, when he heard a man shouting and making threats.

Unknown to him, the man had just walked into a shop, taken a large carving knife from the shelves and killed an innocent member of the public, before walking out onto the street. Sgt Allmond followed the offender through the town centre, whilst calling the police and updating them with his location. He followed behind at a safe distance, warning people to stay away as the man continued to make threats, still holding the knife.

The killer approached a member of the public and with the knife in one hand, held his other hand out and shouted "shake my hand, can you shake my hand?" Sgt Allmond shouted to him "I tell you what mate, put the knife down, I'll shake your hand", to try to distract him away from the member of the public.

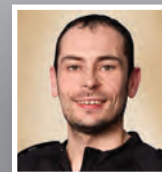
Sgt Allmond was successful, but his interruption angered the man who walked towards him and shouted aggressively "shake my hand". PC Alex Quigley then arrived in an unmarked car equipped with a Taser. Standing away from Sgt Allmond to avert the man's gaze, she used her Taser to challenge the man and demand that he drop the knife, which he did. With the man's attention diverted, Sgt Allmond moved forward and restrained him, with the help of PC Quigley who was also able to handcuff him.

The officers safely detained and arrested the offender with no injuries to themselves, the man or other members of the public. They disarmed him of the carving knife, which was a key piece of evidence for the case.

Both officers demonstrated selflessness, bravery and courage and were able to remain calm and professional whilst dealing with an incident involving huge levels of risk. They put the safety of the public first and demonstrated incredibly high standards of professional behaviour.



**Unknown to him, the man had just walked into a shop, taken a large carving knife from the shelves and killed an innocent member of the public, before walking out onto the street.**



Sergeant Mark Allmond



PC Alex Quigley



PC Kimberley Morris

## West Mercia

### New PC gives vital first aid while keeping suspected attacker talking

PC Kimberley Morris was in her second week of independent patrol when she was called to a report of a disturbance and assault.

PC Morris and a colleague arrived at the house, to be met with a blood-covered, hysterical woman on the driveway. The brickwork and doorframe outside the house had bloody handprints smeared on them and the woman was screaming that 'he' was dying. The woman assured PC Morris that she did not know who had assaulted the victim and that whomever it was had already left.

She entered the house and saw a blood-covered man slumped in an armchair, with another man kneeling before him also covered in blood, holding something up to a neck wound. Both men had clearly been drinking. The injured man in the chair was awake but kept losing consciousness.

PC Morris quickly deduced that the other man in the room was the offender and that the weapon was a herb cutter that lay on the floor in the kitchen. The victim had an eight inch gash along his neck and was suffering from an arterial bleed. She kept talking to the offender while she gave first aid to the victim, to keep the offender in sight and away from the weapon, while waiting for back up.

It was several minutes before support arrived and PC Morris told her colleagues she believed that the second man was the offender. He was arrested while she carried on giving first aid until the ambulance arrived.

PC Morris placed herself in considerable danger while she helped to save the life of the victim. She bravely entered the house alone and her actions resulted in the arrest of the attacker – and most importantly helped to save the life of the victim.



**PC Morris and a colleague arrived at the house, to be met with a blood-covered, hysterical woman on the driveway.**

# West Midlands

## Officers detain man aiming double barrelled shotgun at them

Police received a call regarding concerns for the safety of a man who lived on his own. He was recently bereaved, had a shotgun licence and had been drinking. The caller was worried that he may have taken his shotgun out of the cabinet.

The man had no previous police history for firearms and was not known to mental health services. The caller confirmed that no threats had been made and that he had not been aggressive or given any indication of being suicidal or having self-harm tendencies.

Police decided to conduct a safe and well check, so PCs Richard Meede and Lee Jones went to the house. The man opened the door and allowed them to come inside. He then walked into the living room, picked up a double-barrelled shotgun and turned towards the officers, pointing the gun directly at them.

Acting swiftly and bravely PC Meede grabbed hold of the shotgun barrel and pulled the gun away from the man's grasp, while PC Jones grabbed the offender around the neck to subdue him and stop any further action. The man was arrested, handcuffed and taken into custody.

The shotgun was later found to be loaded with cartridges. Both officers showed extraordinary bravery, quick thinking and fortitude, demonstrating courage and professionalism when the incident clearly involved a significant risk to their personal safety.



PC Lee Jones



PC Richard Meede



**He walked into the living room, picked up a double-barrelled shotgun and turned towards the officers, pointing the gun directly at them.**



Sergeant Tanveer Ditta



Sergeant Tanveer Hussain

## West Yorkshire

### Officers save public from knife attacker

Sgt Tanveer Ditta and Sgt Tanveer Hussain (who was a PC at the time) were on patrol when a number of 999 calls were received about a man being assaulted in a supermarket. The suspect had a large knife and the victim had received a serious head injury, before the offender made off on foot into the local area.

The officers went to the supermarket and after giving medical attention to the victim and securing the scene, they reviewed CCTV footage. It showed that the suspect had walked into the supermarket with a large machete-type knife, shoplifted a number of items before smashing a glass jar over a staff member's head, causing him serious injury. The suspect threatened other staff with the knife before leaving the shop.

The officers found him walking towards a school nursery, which was busy with members of the public as the school day was ending. Public safety was paramount and without waiting for any other resources they challenged the suspect, manoeuvring the police vehicle into the middle of the road to block it.

Both were immediately confronted by the suspect who pulled out the knife from his jacket. He shouted that he would stab them, before swinging the knife aggressively around and continuing to make threats. He threw the knife at Sgt Ditta's head, only missing by inches because the officer ducked. The suspect then began to throw bottles of alcohol at the officers.

The officers worked together to perform a pincer movement, allowing them to use PAVA spray before tackling the offender to the ground. He violently resisted arrest, kicking and punching before they finally gained control.

Their brave intervention prevented more people being hurt while risking their own safety.



**He threw the knife at Sgt Ditta's head, only missing by inches because the officer ducked.**

# Wiltshire

## Officer drags suicidal woman from railway track

A woman with a history of mental health issues and suicidal thoughts walked out of her house, stating that she was going to kill herself on a railway line.

Inspector Ian Stevenson (now retired) helped search for the woman and spotted her by the railway line. He had heard the long horn blast of what he thought was a train a couple of minutes before and knew that it was on its way. The railway had a single track and the fence was close by, meaning there was not much room.

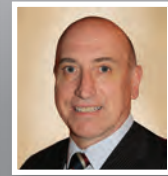
Inspector Stevenson was on the opposite side of the track to the woman, who kept jumping on and off the line. He decided that he needed to be on the other side to try to move her away from danger, so he crossed over the track. Moments later, a train appeared and the woman ran onto the track. Inspector Stevenson grabbed hold of her and wrestled with her to get her out of the way of the train. He had to put himself in considerable danger in front of the oncoming train to restrain her. The train then passed by, narrowly missing them by a couple of feet.

His colleague described it as “like something out of a movie” and that her heart skipped a few beats, until the train had passed and she could see that Inspector Stevenson had the woman safe on the embankment.

Inspector Stevenson calmed the woman down and spent at least 20 minutes reassuring and talking with her. His brave actions saved a vulnerable woman’s life, risking his own in the process.



**He had to put himself in considerable danger in front of the oncoming train to restrain her. The train then passed by, narrowly missing them by a couple of feet.**



Inspector Ian Stevenson



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# Honouring our heroes

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