

Police Mutual Launches Financial Wellbeing Telephone Service.

At Police Mutual we have been running Financial Education courses for many years, however, as a result of Covid 19, for the time being we have had to suspend all face to face activity.

In these uncertain and unprecedented times you may wish to take the opportunity to get your finances in check or simply to build a better understanding of all things financial, which is why we have launched our Financial Wellbeing Telephone Service.

To further support Officers and Staff through this challenging period, we would like to invite you to book a **FREE** telephone appointment with one of our Financial Wellbeing Consultants who will be able to talk through with you topics that are of a particular interest to you. This should help you to understand how to keep your finances in check and further equip you with the tools to enable you to make the most of your money, which in turn could help you to achieve your financial goals and be financially resilient.

Remember, when you review your finances this does not necessarily mean spending money but can mean rearranging finances to bring about an improved situation.

What topics can our Financial Wellbeing Consultants assist with?

Whilst our Financial Wellbeing Consultants do not give advice on any matters they can help you by providing information and signposting on a range of topics including:

> **Effective cash management**

- Tax codes & claiming allowances
- Budgeting to help you manage your money

> **Managing your credit score**

- What is a credit score and how is it used?
- How to improve your score and what has a negative impact

> **Managing Debt**

- Signposting where to get help

> **Understanding your Occupational Pension Scheme**

> **Planning for future needs**

- Short, medium and long term

Who can use this service from Police Mutual

We're here for the whole Police family:

- > Police Officers, Police Staff, PCSOs and Special Constables
- > The families of current and retired Police employees, from immediate family to nephews, nieces and even the in-laws

How to book your FREE telephone appointment

To book an appointment please contact Charlotte Alexander, Senior Financial Wellbeing Consultant on charlotte.alexander@pmas.co.uk with your availability, together with an overview of the areas that are of interest to you.

Spaces are limited and are on a first come, first served basis.

Police Mutual Website

Additional support is also available on our website www.policemutual.co.uk

And finally, we hope that you, your family, your friends remain safe and well.

The Police Mutual team

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