

The future of women in policing

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PC Sally Mulvaney
North Wales Police

In 2008 Sally graduated from Lancaster university having gained a 2:1 in law. She worked briefly in a Solicitors office with a view to eventually becoming a barrister however she quickly realised that in fact she would much rather join the Police!

Knowing virtually nothing about the selection process, in 2009 she phoned up and politely asked if she could join. Sally was informed that the application process for officers was closed but was offered the opportunity to apply to be a PCSO. Sally did two years as a PCSO and then went on to work in i24 (intelligence unit). In July 2012 She joined the Police in the first round of recruits following the recruitment freeze.

Having completed her initial 2 years on response in Mold, she then went on to work on the priority crime team which is a facet of CID. She did this for 12 months but then realised she missed uniform and went back to Deeside which is where she is now!

In her spare time she likes to keep fit and participate in kickboxing classes twice a week.

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**DS Nita Jhani-Garrod
Greater Manchester Police**

Nita has been with the police service for 29 years. During her career she has been in specialists' posts including CID, Child Protection, Special Branch, Diversity Training, Diversity Command and the Public Protection Division. Worked very closely as the Force SPOC on honour based abuse issues and was instrumental in the making of the programme Forced Marriage Cops which was televised last September.

She has developed policy around honour based abuse, the forces first race Equality Scheme, domestic abuse and honour based abuse. She has developed the local procedures for the domestic violence disclosure scheme (Clare's Law and the Domestic Violence Protection Orders).

Nita has received a number of national awards including the TSB Asian Achievers Award for her work on issues of diversity and community engagement.